

THE PARK MESSENGER

December 2009

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Orchard Park Office Hours:

Monday ~ Friday:
8:00 a.m.—12:00 p.m.
1:00 p.m.—4:30 p.m.

Solano Park Office Hours:

Monday ~ Friday:
8:00 a.m.—12:00p.m.
1:00 p.m.—4:30 p.m.

Special points of interest:

- December 24, 25, 31, and January 1 are University Holidays. Both Parks Offices are closed.
- The Parks Office will be closed December 24, 2009—January 3, 2010. Contact the on-call RA for immediate assistance during this time.

Winter Break Procedures

Submitted by April Berryman

The Orchard and Solano Park offices will be closed between December 24, 2009 – January 3, 2010 due to campus closures.

Vacating Your Apartment During This Time?

We want to make you aware of some impacts this will have if you are vacating during this time.

➤ Delay of refund: If you are planning to vacate your apartment between December 24, 2009 and January 3, 2010, please be aware that your refund may be delayed due to this closure.

➤ What if I want to turn in my 42 day notice while your office is closed?

You may submit a 42-day vacate notice during the time that our office is closed, however, you must submit your notice in the following format:

Current Date
Leaseholder Name
Apartment Number

I, _____ plan to vacate my apartment on _____ which is at least 42 days from today. I

understand that I am liable for rent through this date.

Printed Name
Signature

The notice MUST include the leaseholder's signature and be placed through your Park office dropbox. Upon our return, we will complete official notice to vacate paperwork and give you valuable vacating instructions.

Help During The Break:

Repairs: As always, RA's will be on-call during our closure. Housing Maintenance staff will be responding to emergency repairs ONLY. Below is a list of what is considered an emergency:

- Front or sliding glass door will not lock
- Apartment flooding
- Smoke
- Entire stove does not work
- A smell of gas
- A sink or bathtub drain plugged completely
- Toilet or bathtub overflowing
- Water dripping from ceiling
- Heater does not work
- No hot water
- Broken window

Please contact the on-call

RA (information will be posted on your Park Office door) for immediate assistance. Feel free to use the Online Repair Request on the Student Housing Channel, but non-emergency repairs will be handled when the campus re-opens on January 4, 2010.

Internet or Cable problems: If you have any internet or cable television problems during our closure, please call the Campus Data Center at 530-752-1566.

Pest Control: Unfortunately, we will not be providing pest control service during this time.

Adding or Removing Occupants:

No lease changes will be approved during the closure period. Therefore, if you submit a request to add, change, or remove an occupant from your lease and it is not approved by Student Housing prior to December 24, 2009, **your occupant may not move in.**

Skin Care Tips for the Winter

Submitted by: Shakeela Kuthubdeen

Keeping your skin from turning "shades of dull" during the dry winter months can be a daunting task! Here are some simple winter skin care tips that will have your visage glowing in no time...

Keep Your Showers Short and Snappy:

The harsh winter elements can have a severe drying effect on your skin, especially if you spend time outdoors every day. And, while it might be tempting to spend long moments in a hot shower on winter mornings, it's not great for skin since hot showers can dry it out further. Protect your skin from exposure to outdoor cold and indoor heat or it can quickly lose the moisture that keeps it healthy and vibrant. Try to keep your showers warm (as opposed to hot) and remember that shorter showers also save water.

Nourish with Oil:

Remember to nourish your skin after showering by generously slathering on body lotion or oil. Most body lotions and creams are emulsifications of oil and water. While the water aspect of the cream will often evaporate, your skin drinks in the oil for moisture and nourishment. So why not cut to the chase and use oil to nourish your skin this winter? Gently massage some oil into your skin every day to keep it moist and supple, and to tone the underlying muscles. Plus, oils infused with herbs have many other emotional and physical rejuvenating properties. After each shower, try a five minute body massage with infused oil or a nourishing, organic vegetable oil like sesame or almond. If you don't have enough time for a full routine, focus on your face, hands, and feet. You'll be thrilled with the results in just one week.

Drink Plenty of Water:

While you might not feel overly thirsty during the cold winter days, the truth is your skin needs water now more than ever. Drinking plenty of water keeps your skin moist, radiant, and less prone to chapping. Ice cold water has a negative impact on digestion, especially during this season. Try drinking your water at room temperature, or even slightly warmed. Experiment with mixing hot and cold to get to exactly the right temperature. Most importantly, drink plenty of it—at least six to eight glasses a day. The good news is that come spring time, you'll be hard pressed to kick the habit which might help you with controlling your weight gain during the coming summer!

Roof, Rain Gutter, and Downspout Cleaning

Submitted by Doug Ryen

Workers from a private contractor (Universal Window Cleaning) will be scheduled soon to clean the roofs, rain gutters and downspouts of all buildings in Orchard and Solano Park Apartments. We expect that this work will take place during the winter break (approximately December 14-23). The work can be delayed by rainy and/or windy weather; if necessary, roof cleaning might continue into early January.

During roof cleaning work at each building, contractor staff will place ladders near some apartments to access the roof. They will be walking around on the building roof and may be using leaf blowers at times. As workers clean debris and leaves from the roofs and gutters, some material may fall to the ground. Each downspout pipe will also be flushed with water, which may deposit debris on some patios or near apartments. The roof cleaners will remove any

debris caused by the cleaning of the roofs and downspouts; however, **please take a moment before the scheduled cleaning days to check your patio area** and cover anything that you wish to protect from debris.

Roof cleaning schedules for each Park will be emailed to you 2-3 days prior to the start of work

Halloween Party Thank You's!

Submitted by Jessica Loehrmann

Thank you to all of the Band-Uh, UC Davis sororities, service groups, student leadership groups, RAs and residents from the residence halls, and all the volunteers who came to Orchard Park on Halloween to give of their time.

A special thanks to Papa Murphy's for donating 2 pizzas to our Hula Hoop winners! Joon

from Orchard Park won for the kids with a time of 8 minutes 45 seconds, and Haifeng from Orchard Park won for the adults with a time of 8 minutes.

The candy jars brought lots of guesses to the table. Here are the winners:

Sam from Orchard Park won the animal crackers. There were 143 in the jar.

Elijah from Orchard Park won the candy corns. There were 721 in the jar.

Dalia from Solano Park won the magic beans. There were 410 in the jar.

Welcome Peter Menard-Warwick - New Orchard Park Maintenance

Submitted by Doug Van Winkle

Peter started working with UCD Student Housing in June of 2006 as a Physical Plant Mechanic responsible for the renovation, maintenance and project work in the Domes and Co-ops. He developed working knowledge of Solano and Orchard Park Apartments while assisting in these areas. Peter transferred into his current position at Orchard Park as Fred Parker retired in September of this year. He continues to be responsible for the Domes and Co-ops as well Orchard Park.

Peter and his family live in Davis. His wife, Julia, is an Associate Professor of Linguistics at UCD. Their daughter, Celsiana, is a second year Classics major at UCD and son Dashiell is a sophomore at Da Vinci High School.

Peter comes from a large New England family "with Minnesota

origins" and has traveled extensively for work and play over the last thirty years. As a home builder and home remodel professional Peter has lived in Cambridge, Massachusetts, Calaveras County, California and the Pacific Northwest. While his wife worked towards her PhD. at UC Berkeley, Peter managed a home repair program for low income home owners in



Berkeley. The family has spent time working and traveling in Nicaragua and northern Chile.

Peter has been involved in "community projects" throughout his life, including work with Senior Housing, Habitat for Humanity and as a volunteer with a school and small farm project for special needs teens in Nicaragua. He is an avid distance runner with over 30 years of mileage logged and a bicycle commuter. Peter is also a part-time continuing student at UC Davis, where he is taking classes for personal enrichment. He describes himself as "a long-time tradesperson who really enjoys the human interaction aspect of working around the Orchard Park Apartments". We are glad he is part of the Orchard Park family.

Community Programs

3-D Star Craft

Join us for an afternoon holiday craft. We will make 3-D stars out of paper. These stars are a beautiful holiday decoration for a tree or to hang in a window. If you have any questions please contact Jennefer at 792-1097.

When: Wednesday,
December 2 at 4 pm
Where: Melvin Fassler
Community Center

Cards and Cocoa



Join your neighbors for an evening of saying no to holiday card procrastinating! Bring your own holiday cards that need to be created, filled out or addressed. We'll enjoy the space and semi-quiet environment to get the work done while sipping cocoa, chatting with neighbors and listening to holiday music. If you have any questions, please contact Shawna Stevens at 757-7899.

When: Thursday, December 3 at 7pm
Where: Melvin Fassler
Community Center

Jewelry Class

Need a gift idea? Handmade earrings make a wonderful holiday gift. Kids and adults are invited to come make some jewelry. We'll have supplies for the kids to make bracelets while adults can make beaded earrings or bracelets. Children under 10 will need an adult helper. If you have any questions, please contact Shawna Stevens at 757-7899.

When: Monday, December 7 at 7pm
Where: Melvin Fassler
Community Center

Finals Week Game Night & Pizza

Come take a break from finals with roommates or family. FREE DINNER! Come over to the community center and have a great time with games and pizza! Veggie pizza too!

When: Tuesday, December 8 at 5:30pm
Where: Orchard Park
Community Center

Snickerdoodles

What is a snickerdoodle? During the holidays my mom always baked these yummy and easy rolled cookies. Usually rolled in cinnamon and sugar, my family liked to roll them in red, green or blue sprinkles for the holidays and give them as gifts. Come help roll some cookies and we will read seasonal stories while they bake.

All children must be accompanied by an adult helper. If you have any questions please contact

Jennefer at 792-1097.

When: Wednesday,
December 9 at 4 pm
Where: Melvin Fassler
Community Center

Christmas Tree Decoration

Enjoy decorating the Solano Park Christmas tree & the Community Center with your kids. We'll have hot cocoa and fun in a chilly afternoon. For questions please call Shakeela at 297-7451.

When: Thursday, December 10 at 4pm
Where: Melvin Fassler
Community Center

Annual Solano Park Multi Cultural Christmas Potluck

Join us for the annual Solano Park multi cultural Christmas potluck. Bring your favorite dish to share with your neighbors. Santa will be stopping by 6:15pm – 7pm to greet the kids. Don't forget to bring your cameras. For questions please call Shakeela at 297-7451.

When: Friday, December 11 at 6pm
Where: Melvin Fassler
Community Center

Toddler Play Group

Come! We'll have an hour of toddlers. You can meet the other parents, share your ideas and experiences while kids have fun playing with other toddlers. For questions please call Shakeela at 297-7451.

When: Monday, December 14 at 10am

Community Programs

Where: Melvin Fassler
Community Center

Make Winter/Christmas Decorations

Come on over to the Orchard Park Community Center to get crafty. We will be making paper snowflakes and chains to decorate for the Christmas Party. All ages welcome, let's see how long we can make a chain or how intricate we can make a snowflake.

When: Monday, December 14, from 4pm to 5pm
Where: Orchard Park Community Center

Paper Gift Box

We will decorate and build our own gift boxes out of cardstock paper. These are great for holding a small special gift for the upcoming holidays. If you have any questions please contact Jennefer at 792-1097.

When: Tuesday, December 15 at 4 pm
Where: Melvin Fassler Community Center

German Hazelnut Macaroon Cookies

Learn how to make traditional German cookies for the holidays! SO YUMMY and quick to make!

When: Tuesday, December 15 at 5pm
Where: Orchard Park Community Center

Holiday Cookie Swap



Everyone loves cookies for the winter holidays. Bring a batch of your favorite cookies to share with other residents and plan on taking some delicious cookies home with you! I'll provide sugar cookies for the kids to decorate and some hot beverages. Bring copies of your cookie recipe to share with others and a mug for coffee or tea. If you have any questions, please call Shawna Stevens at 757-7899.

When: Wednesday, December 16 at 4pm
Where: Melvin Fassler Community Center

Winter Sky Stargazing

The days are getting so short, let's bundle up and look for constellations during the new moon. Hot Chocolate will be available for warming us up. I'm going to print out a map of the night sky this time of year, so we'll know what we're looking for. Binoculars can help enhance the view, if you have a pair bring them along. In case of rainy weather call Ashley (510) 926-7554, for alternate plan.

When: Wednesday, December, 16 from 7pm to 8pm
Where: in the Grassy Bowl (7600 Building)

Brownie Mix in a Jar

A really easy, quick and inexpensive Christmas gift to give to neighbors, friends and relatives! Layer the ingredients for delicious brownies in a jar so that it looks like sand art.

When: Thursday, December 17 at 5pm
Where: Orchard Park Community Center

Christmas Party!

It's the most wonderful time of the year. Come celebrate with neighbors and friends. A main course will be provided, bring your own side dish so we can enjoy a Christmas feast. We will be decorating gingerbread cookies for dessert. Don't forget your camera, because we're expecting a very special guest. Santa Claus will make an appearance! Don't miss this opportunity to let him know in person what exactly you want for Christmas.

When: Friday December, 18 from 5:30pm to 8pm
Where: Orchard Park Community Center

Monthly Maintenance Tips

By Orchard and Solano Park Maintenance

- Now that winter is fast approaching us, remember to keep a clear space around your wall heater and keep everything off of the top of it.
 - Also, to help reduce the potential of mold and mildew, try to run the bathroom fan after showering or bathing for a while to exhaust as much steam or moisture out of the bathroom. Also, leave the bathroom door open as much as possible. Remember, air exchange is the key.
 - On some occasions, it can get quite cold in Davis during the break between fall and winter quarters. Coincidentally, this is also the time that many of you will leave for the holidays.
- There are numerous problems that can develop in a vacant apartment due to the cold. Among them are:
- Doors swelling and warping.
 - Floor tiles coming loose.
 - Paint peeling.
 - Frozen water pipes bursting, causing flooding.
 - House plants that cannot tolerate the cold dying.
 - Sensitive electronic equipment developing problems.
- Therefore, if you are planning to leave more than one day during the winter holiday break period, we ask that you take the following steps to avoid any problems that the cold might create:
- Close and lock all windows and the glass patio door and close all window coverings.
 - Leave all doors inside your apartment open allowing heat to migrate throughout your apartment.
 - Leave your water heater on at a low temperature setting (For Orchard Park Only).
 - Leave your wall furnace on at the lowest possible temperature setting

Holidays and Anniversaries

December 8 - Death/Parinirvana of Buddha; Bodhi Day (Rohatsu) [India, Buddhist] – Born Siddhartha Gautama, Buddha (The Enlightened One) was born into a royal family in India around 563 BCE. His teachings are the basis for Buddhism, a major world religion & philosophy. His father, King Suddhodana, of the warrior caste, raised him in great luxury, but at the age of 29 Siddhartha renounced the world to become a wandering ascetic and search for a solution to the problems of death and human suffering. After six years

of spiritual discipline, he achieved supreme enlightenment and spent the rest of his life teaching his doctrines and establishing a community of monks, the sangha, to continue his work. He “died” (attained parinirvana) at 80.

December 13 – Saint Lucia Day – Sweden – Nationwide celebration of festival of light, honoring Saint Lucia, also known as the “Queen of Light.” A candlestick parade takes place in her honor. Many hotels have their own Lucia, a young girl attired in a long flowing white gown, who serves guests coffee and lussekatter [saffron buns] in the

early morning.

December 16 – Las Posadas – Mexico – A nine-day celebration throughout Mexico, commencing 16 December. Processions of “pilgrims” knock at doors asking for posada (shelter), commemorating the search for Joseph and Mary for a shelter in which the infant Jesus might be born. Invited inside, fun and merrymaking ensue with blindfolded guests trying to break a piñata suspended from the ceiling.

Calendar of Events

December 2009

All residents are welcome to attend all programs, regardless of location. All events held in the Community Center unless otherwise noted.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <u>3D Star Craft</u> MFCC 4pm	3 <u>Cards and Cocoa</u> MFCC 7pm	4	5
6	7 <u>Jewelry Class</u> MFCC 7pm	8 <u>Finals Week Game Night & Pizza</u> OPCC 5:30pm	9 <u>Snickerdoodles</u> MFCC 4pm	10 <u>Christmas Tree Decoration</u> MFCC 4pm	11 <u>Solano Park Multi-Cultural Potluck</u> MFCC 6pm	12
13	14 <u>Toddler Playgroup</u> MFCC 10am <u>Make Winter Decorations</u> OPCC 5pm	15 <u>Paper Gift Box</u> MFCC 4pm <u>German Hazelnut Maracoon Cookies</u> OPCC 5pm	16 <u>Holiday Cookie Swap</u> MFCC 4pm <u>Winter Sky Stargazing</u> By Building 7600 7pm	17 <u>Brownie Mix in a Jar</u> OPCC 5pm	18 <u>Orchard Park Christmas Party</u> OPCC 5:30pm	19
20	21	22	23	24 HOLIDAY— PARKS OFFICES CLOSED	25 HOLIDAY— PARKS OFFICES CLOSED	26
27	28 PARKS OFFICES CLOSED	29 PARKS OFFICES CLOSED	30 PARKS OFFICES CLOSED	31 HOLIDAY— PARKS OFFICES CLOSED	Jan 1 HOLIDAY— PARKS OFFICES CLOSED	

Holiday Office Hours

Both Park Offices will be closed December 24, 2009 – January 3, 2010

We will re-open on Monday, January 4, 2010.

**AVOID BEING LOCKED OUT...BE SURE TO TAKE YOUR
APARTMENT KEY WITH YOU!**

Orchard Park:

December 24—25	Ashley Scarborough	OP 7621	510-926-7554
December 25—January 1	Jessica Loehrmann	OP 6325	801-472-3981
January 1—3	Ashley Scarborough	OP 7621	510-926-7554

If there is no response and you have a housing emergency:

Call RA Cell Phone Number at **530-681-0883**.

Solano Park:

December 24—25	Shakeela Kuthubdeen	SP 2812	297-7451
December 25—January 1	Jennefer Sisneros	SP 2411	792-1097
January 1 — 3	Shawna Stevens	SP 2015	757-7899

If there is no response and you have a housing emergency:

Call RA Cell Phone Number at **530-681-0884**.

**If you have a medical/personal safety
EMERGENCY, contact Police or Fire at 911.**