



A Publication of  
Orchard and Solano  
Parks, UC Davis

# THE PARK MESSENGER

March 2010

## INSIDE THIS ISSUE:

International Storytelling Program	2
This I Believe	3
Community Programs	4
Holidays and Anniversaries	6
Community Calendar	7

### Orchard Park Office Hours:

Monday ~ Friday:  
8:00 a.m.—12:00 p.m.  
1:00 p.m.—4:30 p.m.

### Solano Park Office Hours:

Monday ~ Friday:  
8:00 a.m.—12:00p.m.  
1:00 p.m.—4:30 p.m.

### Special points of interest:

- March 24, 25 and 26 all campus offices will be closed. Please contact your on-call RA for immediate assistance during this time.

## YARD SALE!!

Submitted by Jessica Loehrmann

\$\$\$\$\$\$

Start your SPRING cleaning early, and get ready to make some mula! It's time for the bi-annual YARD SALE event. Last year over 200 people came through. We put signs on Craigslist and on street corners!

### SELLERS:

If you are selling things, PLEASE bring your items to the Community Center

EARLY (set up by 8:30) since that is when tons of people come to buy.

Tables are limited, so bring a blanket to lie things out on just in case. Consider posting your items on Craigslist to help get people there.

Bring used but still GOOD items. ALL ITEMS BROUGHT MUST BE TAKEN HOME WHEN

SALE ENDS AT NOON! - For large items, consider bringing large digital pictures instead!

### BUYERS:

Please be ready to shop 'til you drop! This is an awesome event you do NOT want to miss!!

## International Women's Day

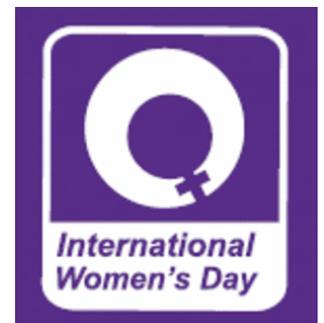
Submitted by Ashley Scarborough from [womenforwomen.org](http://womenforwomen.org)

With the tenth anniversary of the UN Millennium Development Goals in 2010, we are given pause to reflect on the tremendous work left to be done in order to eradicate poverty and achieve equality for all the worlds citizens. 70% of the worlds poor are women and 75% of the civilians killed in war are women and children. In the Democratic Republic of the Congo, site of over 5 million

deaths and hundreds of thousands of rapes in a conflict spanning more than a decade, women are imagining peace. They say peace means being able to live and to work freely. They see peace as walking to the fields without fear of rape; they envision a more prosperous future, harvesting from the fields the fruits of their own labor. **Yet war wages on.** To honor the resilience of these and the millions of other women survivors of

war around the world, future.

\*Continued on Page 2



# International Women's Day

Continued from Page 1

Women for Women International is hosting a global campaign Join me on the Bridge - which will unite women all over the world in a global women's movement showing that women can build the bridges of peace and development for the future. On March 8, 2010, thousands of women will stand together in Congo and neighboring Rwanda to demand peace and development. Supporting them in their call for the wars end will be thousands of women from Afghanistan, Bosnia, Kosovo,

Iraq, Sudan, Nigeria, as well as in the United States and the United Kingdom, to say no to war and yes to peace and hope. We are planning Join me on the Bridge events on Monday, March 8 in New York City and London. Join us as we walk together across major bridges and then gather to create peace banners! If you cannot attend our bridge events in New York City or London, or one being planned by a supporter in your neighborhood, we invite you to organize your own Join me on the Bridge event! It doesn't matter how big or small the event every

single effort will help us demonstrate that we have a unified, powerful voice for peace. A toolkit with step-by-step instructions is available here. We will be asking for photos and video from all bridge events so that we can capture the broad impact of this movement.  
<http://www.womenforwomen.org/bridge/about-join-me-on-bridge.php>

# International Storytelling Program

Submitted by Ann Gunion

Community Room  
International House Davis  
10 College Park, Davis  
Sunday March 14, 2010, 2:00 – 3:00 p.m. (Doors open at 1:45 p.m.)

Davis is a hands-on non-profit science museum and lab geared towards engaging elementary aged students in everyday science. Their mission is to "engage people in science experiences that touch all our lives."

Each storytelling event is open to the public. There is no charge for International House members. There is a suggested donation for non-members (\$2 per person or \$5 per family).

Lou Ziskind, Executive Director of the Davis Explorit Science Center comes to I-House to entertain the audience with international stories told from a scientific angle.

One Sunday afternoon per month, children of all ages with an accompanying adult, enjoy storytelling performances with an international content at the I-House.

More information on the Storytelling Program is available at  
[www.internationalhousedavis.org/prog/children/st](http://www.internationalhousedavis.org/prog/children/st)

Explorit  
Science  
Center in



# This I Believe

Submitted by Jennefer Sisneros from National Public Radio

The following is an essay written for the National Public Radio project *This I Believe*<sup>®</sup>. "*This I Believe*<sup>®</sup> is an exciting national project that invites you to write about the core beliefs that guide your daily life. By inviting Americans from all walks of life to participate, series producers Dan Gediman and Jay Allison hope to create a picture of the American spirit in all its rich complexity." The essays submitted cover a huge range of inspiring topics, ideas and beliefs that I strongly encourage everyone to take a moment to look through.

<http://thisibelieve.org>

## My Own Presence

Alexander - S Abington Twp  
Entered on July 10, 2009

If Woody Allen is right, then eighty percent of success is showing up. And although I lack any pie charts or algorithms to corroborate this hunch, I suspect that he's right. The logic is obvious: if no one shows up, nothing is accomplished. But experience suggests that this reasoning frequently falls victim to indifference. With effects too self-explanatory for social scientists to assess, absence regularly dismantles professional projects, relationships, personal endeavors, education, and any other intangible you can name. Presence, by contrast, is the indispensable

foundation needed for any human effort to meet fruition.

During my first two years after college, I worked as a tutor and administrator at a nationally acclaimed charter school. The success that characterizes this school stems from staff members and students putting in hours around the clock and around the calendar. In my time there, I did not miss one day, and I know that my students and co-workers benefited from that constant presence. Whether it was checking in with a junior each day to make sure she passed chemistry or always being available to help the colleagues who worked so hard alongside me, my highest achievements in this vocation had more to do with showing up than anything else because, in my absence, all of my professional abilities are nullified.

Showing up is valuable for more than just utilizing one's skills; per se, it is one of the most meaningful gestures a person can make. Consider how many times your various hosts have sincerely said "thanks for coming," or how happy your friends are to see you at their weddings. These people are thrilled simply because you want to spend time with them or that you are

present for a momentous occasion in their lives. When my mom got a call a few summers ago and learned that my great uncle had fallen ill and would likely not live much longer, I did everything I could to help, which amounted only to traveling to see a beloved family member one last time. Despite his weak cognition, my great uncle made clear his appreciation of me being there.

I believe in showing up. I haven't found any single step that brings me closer to success, and there's no better way for me to show another person that I care. Personal talents and thoughtful gifts are effective and heartwarming, but the absence of a human aspect to them dilutes their potency. Showing up is sometimes difficult, but the people for whom I am present never overlook that. More importantly, showing up is frequently very simple, and the fact that the same faces light up each day up greeting me evidences the raw, human value of my own presence. If his estimate is off, Woody lowballed it.



## Community Programs

### **Watercolor Painting**

Kids- lets get together for an afternoon of watercolor painting. Spring blossoms are the perfect inspiration for watercolors. If you have any questions, please call Shawna Stevens at 757-7899.

When: Wednesday, March 3 at 4pm

Where: Melvin Fassler Community Center

### **Prenatal Yoga Class**

Do you want to adapt familiar exercises to suit your pregnancy you are welcome to this class. Find out about the different relaxation techniques which will benefit your health and your growing baby. You'll learn postures that won't strain your body, and you'll meet other mums-to-be, too. For questions please call Shakeela at 297-7451.

When: Thursday, March 4 & 18 at 6pm

Where: Melvin Fassler Community Center

### **International Women's Day Banner Making**

Have you ever wondered what you can do to help women whose lives are torn apart by war? By taking part in *Women for Women Internationals Join me on the Bridge campaign on 8 March 2010 - International Women's Day* - you can be part of a growing powerful movement that says no to war and yes to womens peace and development. Let's get together and make a banner to hang on the pedestrian bridge behind our neighborhood in support of

women around the world.

When: Sunday, March 7 at 4pm

Where: Orchard Park Community Center

### **Seeds for the Garden**

Are you interested in starting some seeds for your garden in the spring? Come get some seeds for free!!!!!!! The plants will be ready to transplant in few weeks. We'll provide all the materials. For questions please call Shakeela at 297-7451.

When: Monday, March 8 at 4:30pm

Where: Melvin Fassler Community Center

### **International Women's Day Bike Parade and Banner Hanging at the Pedestrian Bridge**

Let's bike around the neighborhood in celebration of the work women do around the world and progress toward peace. The bike ride will end at the pedestrian bridge. The theme of this event is standing in solidarity with women demanding an end to the wars in their countries. The bridge is a symbol of meeting in the middle and crossing into peace. We'll hang our banner on the bridge.

When: Monday, March 8 at 4:30pm

Where: Meet at Orchard Park Community Center

### **Women's Hip Hop Dancing**

Come unload some stress and have fun! Dance moves taught by the former hip hop dance team captain at UC-Irvine. Lots of fun! Yummy Smoothies afterwards to cool off! If you have questions you can call Jessica at 801-472-3981.

When: Tuesday, March 9 at 7pm

Where: Orchard Park Community Center

### **Story Hour**

Time to catch up on our reading! Join me for story hour where we'll read several books while munching on snacks. This program's reading material will be targeted for children 0-5 years old, but all residents are welcome. If you have any questions, please call Shawna Stevens at 757-7899.

When: Wednesday, March 10 at 4pm

Where: Melvin Fassler Community Center

### **Painting for Grown Ups**

"Every child is an artist. The problem is how to remain an artist once he grows up." - Pablo Picasso. This painting program is for adults who have



## Community Programs

forgotten how much fun it is to paint or haven't been able to find the right time or place. You don't need to be an "artist" or to create a masterpiece - just come out and have fun! I will provide acrylic paints, brushes, canvas boards and some ideas to get you started. Don't forget to dress appropriately for possibly getting messy. This program is for adults only – no children please. If you have any questions about this program, please call Jennefer at 792-1097.

When: Friday, March 12 at 6:30pm  
Where: Melvin Fassler Community Center

### 20 minute Kites

Spring is finally here! Let's get ready for the windy days ahead by making our very own kite out of some basic supplies. If you have any questions, please call Shawna Stevens at 757-7899.

When: Monday, March 15 at 4pm  
Where: Melvin Fassler Community Center

### Almost Spring Stargazing

I'll have star maps. This is the evening of the new moon so it should be good visibility. This event may be moved to surrounding days due to weather concerns. Call Ashley 510-926-7554 in case of rain.

When: Monday, March 15 at 7pm

Where: Meet in the grassy bowl in Orchard Park

### Pizza and Games Night is Back!

Break out the board games and don't make dinner! We're getting out the ping pong table, Blockus, Chinese Checkers, you name it. BRING a favorite game, and we can play that too. Pizza served from the ping pong table around 6:15pm. Must sign in at the door :) Will also hand out yard sale signs for you to hang up at intersections this week before Saturday! If you have questions call Jessica at 801-472-3981.

When: Tuesday, March 16 at 5:30pm  
Where: Orchard Park Community Center

### Rainbow Mobile Craft

We will make rainbows out of paper plates, tissue paper and cotton balls with shamrocks that you can hang in your home for luck. If you have any questions about this program, please call Jennefer at 792-1097.

When: Wednesday, March 17 at 4pm  
Where: Melvin Fassler Community Center

### YARD SALE!!!!

It's time for the bi-annual yard sale event. If you are selling things, PLEASE bring your items to the Community Center early (set up by 8:30) since that is when tons of people come to buy. Tables are limited, so bring

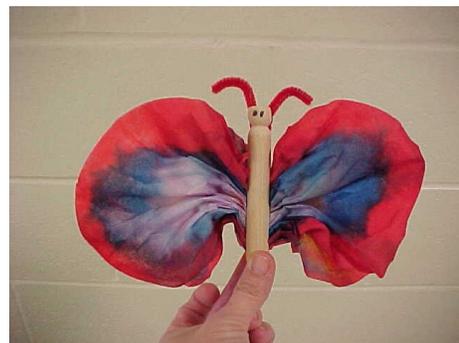
a blanket to lie things out on just in case. Last year over 200 people came through. We put signs on Craigslist and on street corners! ALL ITEMS BROUGHT MUST BE TAKEN HOME WHEN SALE ENDS AT NOON! - For large items, consider bringing large digital pictures instead! For any questions call Jessica at 801-472-3981.

When: Saturday, March 20 from 9am – 12pm  
Where: Orchard Park Community Center

### Coffee Filter Butterflies

Join us for an afternoon craft. Come out and make a pretty butterfly using water color paints and coffee filters. If you have any questions about this program, please call Jennefer at 792-1097.

When: Wednesday, March 24 at 4pm  
Where: Melvin Fassler Community Center



# Monthly Maintenance Tips

By Orchard and Solano Park Maintenance

## Bathroom Mold and Mildew Issues

➤ To help reduce incidence of mildew and mold, air exchange is the key. If possible, after you shower or bath, leave the bathroom door open and leave the bathroom fan running to exhaust as much steam and moisture as possible. Also leave the bathroom door open as much as possible, even if you chose not to run the fan.

- If you notice mold and/or mildew starting to form on the shower walls (tile), Student Housing recommends cleaning products labeled specifically for mold and mildew removal. Make sure to follow the directions on the label.
- Also, a 1% to 2% solution of bleach and water will take care of most mold problems. Diluted bleach and over the counter

products actually kill the bacteria causing the mold and mildew if you let them work for a few minutes after you apply them and before you wipe them down.

- If you find that mold and mildew have gotten into the paint to the point where it leaves a stain behind, let us know and we can evaluate the situation and offer additional remedies.

# Holidays and Anniversaries

## **March 1 – Hola Mohalla – Sikh**

When Guru Gobind Singh founded the Khalsa, he impressed upon his followers the desirability of strengthening their muscles along with the purification of their souls to be able to subdue the evil. On the day following Holi in 1700, the Guru started Hola Mohalla, which literally means 'attach and the place of attack'. He would divide his followers into two groups to give them training in warfare. Since then Hola Mohalla is observed every year by taking out processions to display the strength of arms and the importance of social discipline.

## **March 1 – Chalanda Marz, Calends of March – Switzerland**

An ancient ceremony marking the end of winter; Calends is the day of a new moon sighting, while the Calends phase begins the day after a full moon,

continues through its last quarter and waning period, then past the dark new moon until another lunar crescent is sighted.

## **March 13 – Irving Jordon, Jr. becomes the first deaf president of Gallaudet University – U.S.A.**

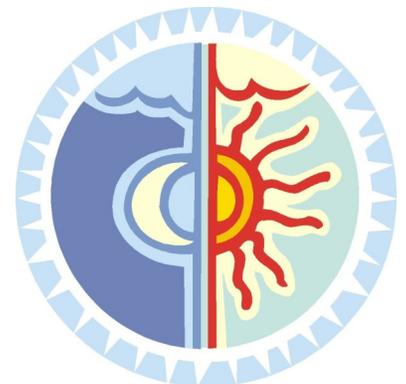
The appointment follows a week of student protests over a board of trustees decision to appoint Elizabeth Zeinser, who is not hearing impaired and had no experience with deaf students. (1988)

## **March 20 – Vernal Equinox – Global**

During the equinoxes, both day and night are of equal length throughout the world. Some celebrate rebirth and fertility are celebrated on this date.

## **March 21 - International Day for the Elimination of Racial Discrimination – UN**

Initiated by the UN General Assembly in 1966 to be observed annually on 21 March, the anniversary of the killing of 69 African demonstrators in Sharpeville, South Africa, in 1960. This is a day to remember "the victims of Sharpeville and those countless others in different parts of the world who have fallen victim to racial injustice.



# Calendar of Events

## March 2010

*\*\*All residents are welcome to attend all programs, regardless of location. All events held in the Community Center unless otherwise noted.\*\**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b>	<b>2</b>	<b>3</b> <u>Watercolor Painting</u> MFCC 4pm	<b>4</b> <u>Prenatal Yoga</u> MFCC 6pm	<b>5</b>	<b>6</b>
<b>7</b> <u>International Women's Day Banner Making</u> OPCC 4pm	<b>8</b> <u>Seeds for the Garden</u> MFCC 10:30am  <u>International Women's Day Bike Parade</u> OPCC 4:30pm	<b>9</b> <u>Women's Hip Hop Dancing</u> OPCC 7pm	<b>10</b> <u>Story Hour</u> MFCC 4pm	<b>11</b>	<b>12</b> <u>Painting for Grown-ups</u> MFCC 6:30pm	<b>13</b>
<b>14</b>	<b>15</b> <u>20 Minute Kites</u> MFCC 4pm  <u>Almost Spring Stargazing</u> Grassy bowl in OP 7pm	<b>16</b> <u>Pizza and Game Night</u> OPCC 5:30pm	<b>17</b> <u>Rainbow Mobile Craft</u> MFCC 4pm	<b>18</b> <u>Prenatal Yoga</u> MFCC 6pm	<b>19</b>	<b>20</b> <u>Yard Sale</u> OPCC 9am—12pm
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> <b>CAMPUS CLOSURE</b>  <b>PARKS OFFICES CLOSED</b>  <u>Coffee Filter Butterflies</u> MFCC 4pm	<b>25</b> <b>CAMPUS CLOSURE</b>  <b>PARKS OFFICES CLOSED</b>	<b>26</b> <b>HOLIDAY</b>  <b>PARKS OFFICES CLOSED</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			



**The Parks at UC Davis**

Phone: (Orchard Park) 530-752-3959  
Phone: (Solano Park) 530-752-3958  
Fax: 530-752-4345  
E-mail: studenthousing@ucdavis.edu

**A Publication of Orchard and Solano Parks, UC Davis**

**Your doorway to campus life & academic achievement**

**We're on the Web!**

[http://www.housing.ucdavis.edu/housing/apartments\\_orchard\\_solano.htm](http://www.housing.ucdavis.edu/housing/apartments_orchard_solano.htm)

The **Park Messenger** is published by Student Housing, at the University of California, Davis. Our goal is to communicate with Park residents, campus departments and the community of Davis. We encourage reader suggestions, criticisms and articles. Let us hear from you.

Editor:

Sue Franck

Assistant & Desktop Publishing:

April Berryman

Contributors:

Ann Gunion

Ashley Scarborough

Jennefer Sisneros

Jessica Loehrmann

Peter Menard-Warwick/Jeff Wilson

Shakeela Kuthubdeen

Shawna Stevens

Sue Franck

**The Park Messenger online:**

[http://www.housing.ucdavis.edu/current/park\\_messenger.asp](http://www.housing.ucdavis.edu/current/park_messenger.asp)

**Did you know?**

- Apartments on University owned land are exempt from California State Property Tax. Therefore, students living in these facilities are not eligible for renter's credit.
- Need assistance while walking home at night? Call 752-1727 if you would like a safety escort while walking alone on campus at night. A Cal Aggie Host will meet you and escort you to your destination on campus.
- **Registration Reminder** ~ Student Housing requires all students to meet our eligibility requirements to

continue living in The Parks Apartments. **Student must have full-time registered status during all regular academic sessions (summer is excluded).** Students who do not meet the requirement are required to register for additional classes or submit a notice to vacate with their Park Office. Please be aware of these requirements when you register for classes in the coming months. Please contact Student Housing at 530-752-2033 or your Park Office if you have any

- questions.
- Computer hubs (wired and wireless) are now permitted in your apartment. If you would like more information, contact your Park Office.
- Planning to vacate after finals? Remember to turn in your Notice to Vacate with your Park Office at least 42-days prior to when you want to move out.