



A Publication of
Orchard and Solano
Parks, UC Davis

THE PARK MESSENGER

May 2011

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Orchard Park Office Hours:

Monday ~ Friday:
8:00 a.m.—12:00 p.m.
1:00 p.m.—4:30 p.m.

Solano Park Office Hours:

Monday ~ Friday:
8:00 a.m.—12:00 p.m.
1:00 p.m.—4:30 p.m.

Special points of interest:

- Monday, May 30, 2010 is a University Holiday. All campus offices will be closed. Please contact your on-call RA for immediate assistance.

GRADUATION PARTY? PLAN AHEAD!

Submitted By Sue Franck

For graduation parties, an exception to our usual Community Center reservation policy is being made. Beginning May 1, we will accept reservations for Spring graduation parties to be held on May 13, May 21, or June 8 – 12. Parties must be limited to time blocks to ensure the highest use of the Community Center. The blocks are from 8am – 12:30pm, 1pm – 6pm and 6:30pm – midnight. After

May 10, unreserved time blocks for May 13 and May 21 will be released for graduation party extensions and non-graduation events. After May 23, unreserved time blocks for June 8 – 12 will be released for graduation party extensions or non-graduation events. Because of heavy demand, we ask that those utilizing the Community Center be extra diligent with clean-up so the facility will be ready for the next

reservation.

You may reserve the Community Center at either Solano or Orchard Park. If demand exceeds capacity, remember that June is a great month for a picnic; feel free to move the picnic tables around the park for your parties. Put a note on a table the day before you need it as an informal reservation, and please respect others' reservations as well.

GRADUATION SCHEDULE 2011

<u>EVENT NAME</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
School of Law	Friday, May 13	4pm	Mondavi Center
School of Medicine	Saturday, May 21	10am	Mondavi Center
School of Education	Wednesday, June 8	4pm	Mondavi Center
Graduate Studies	Thursday, June 9	4pm	ARC Pavilion
College of Biological Sciences	Friday, June 10	10am	ARC Pavilion
College of Engineering	Friday, June 10	3pm	ARC Pavilion
School of Veterinary Medicine	Friday, June 10	10am	Mondavi Center
College of Agricultural & Environmental Sciences	Saturday, June 11	9am AND 2pm	ARC Pavilion
Graduate School of Management	Saturday, June 12	10am	Mondavi Center
College of Letters and Science	Sunday, June 12	9am AND 2pm	ARC Pavilion

Get to know your Sunblock

By Shakeela Kuthubdeen (source: ehow.com)

Most people know that sunscreen is important on a hot, sunny day. Sunscreen protects a person's skin from harmful UV rays, allowing for leisurely, safe outdoor enjoyment. Despite widespread notoriety of sunscreen's importance, few consumers know what to look for in a sunscreen. Choosing the best sunscreen is vital to ensuring that you avoid short-term sunburn and long-term skin damage. There are a number of factors that must be considered when buying a bottle of sunscreen.

- Know the difference between a sunscreen and a sunblock. A sunscreen is any product with a sun protection factor (SPF) of 15 or less. An SPF of 15 means it will take 15 times longer for you to burn with the sunscreen than without. A sunblock has an SPF of 30 or more.
- Determine the most appropriate SPF rating for your needs. SPF 15 – for a short, casual outing in the backyard; SPF 30 – 50 – for an extended stay outside; SPF 30 – for general-purpose, to hike, camp or even swim for hours on an average day without sun damage; SPF 45 – 50 – for intense, extra-sunny days, or to protect delicate skin or children's skin. Keep in mind that a higher SPF rating will feel more "goeey" and thick on the skin.

- Make sure that your sunscreen is labeled "broad spectrum" to protect against both UVA (ultraviolet-A) and UVB (ultraviolet-B) rays.
- Know what protection you're getting. A sunscreen with SPF 15 gives you 94 to 95 percent UVB coverage; SPF 28 bumps you up to about 96 percent coverage.
- Buy zinc oxide or titanium oxide (or dioxide) to protect your ears, nose and lips if you're in the sun for prolonged periods daily. These opaque, chemical-free sunblocks are ideal for sensitive skin. A new product called Z-Cote offers zinc-oxide protection that's transparent, so you can avoid the white-nosed lifeguard look.
- Get water-resistant or waterproof sunscreen if you'll be swimming or sweating.
- Look for PABA-free, fragrance-free and hypoallergenic sunscreen if you're allergic to certain skin products. Do a test patch on your skin to confirm whether a sunscreen is truly allergy-free.
- Select a sunscreen that is noncomedogenic, which means it won't block pores, if you're prone to breaking out.
- Choose between lotions, gels, ointments, wax sticks and sprays based on your personal preference. Wax sticks are handy for lips. Sprays get the job done quickly on squirmy

kids.

- Apply sunscreen liberally 30 minutes prior to exposure. Most people need at least 1 oz. of sunscreen, enough to fill a shot glass, to cover their body. Reapply every two hours, or more often if you get wet or sweat profusely.
- There is no proof that sunscreen prevents skin cancer. Your safest bet is to minimize sun exposure during peak hours (10 a.m. to 4 p.m.).
- There is no such thing as "safe tanning." Tanning salons expose your skin to harmful UV rays. If you burn easily but must have that golden look, use a sunless tanning lotion or foam.
- Do not use sunscreen on infants under 6 months of age; keep them covered and out of the sun instead.
- The best protection is to shield you with clothing, a hat and glasses whenever possible. Since this isn't always practical, you need to have some sun protection lotion. The trick then is buying the correct stuff, having it on hand, and remembering to apply it. Enjoy the Sunny Days!!!

Community Programs

Make Cards for Teacher's Day!

May 3 is Teacher Day and now is the time to show our appreciation. We will be writing letters and/or drawing pictures to give to our teachers. I will also be providing origami instructions to fold your cards into amazing shapes to give your card a special touch as well as a snack. **Children under 7 need and adult helper please.** If you have any questions please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Monday, May 2 at 4pm
Where: Solano Park
Community Center

Jewelry Class for Adults

Now is your chance to make a beautiful, hand-made gift for Mother's Day, or come and make some great jewelry for yourself! If you haven't already, come and join us for an evening of jewelry making. I'll have supplies on hand to make either bracelets or earrings. Beginners are welcome. **This will be a kid-free event to give the adults some free time!** If you have any questions, please contact Shawna Stevens at 757-7899.

When: Tuesday, May 3 at 7:30pm
Where: Solano Park
Community Center

Cinco de Mayo

Hi everyone, Cinco de Mayo is this month! Let's get together and celebrate this Mexican holiday with a great feast. We

are going to have a potluck party here. Come and join us to enjoy the delicious Mexican food and have fun! Burritos will be provided, please bring a side dish to share.

When: Thursday, May 5 at 5pm
Where: Orchard Park
Community Center

Cinco de Mayo Potluck

Celebrate Cinco de Mayo with a fiesta potluck and piñata! Bring a Mexican food dish to share with your neighbors and we will provide some tasty burritos and drinks. If you have any questions, please call Shawna Stevens at 757-7899.

When: Thursday, May 5 at 6pm
Where: Solano Park
Community Center

Mother's Day Craft – Pot Painting

Come let's decorate a clay pot and make it a colorful gift. This will be ready on mother's day to say "I Love You MOM," on her special day. **Every kid MUST be accompanied by a grown up.** For questions please call Shakeela at 297-7451.

When: Friday, May 6 at 5pm
Where: Solano Park
Community Center

Mother's Day Flowers and Cards

Happy Mother's Day! May is the month dedicate to our dearest mothers. That's why we are going to learn how to make

tissue paper carnation flowers and handmade cards to show our love and appreciation. This time you can not only give moms your lovely words but also giving them a bunch of heartfelt carnations and cards to express your gratitude.

When: Friday, May 6 at 5:15pm
Where: Orchard Park
Community Center

Garden Work Day

Thanks to all of our garden volunteers, the garden is starting to look really good. Help us finish our first round of planting and care for our herb garden and flowerbeds. It is never too late to volunteer in the kid's garden. We'll need help taking care of our new little plants. Sign up to water and/or weed the garden.

When: Saturday, May 7 and May 14 at 10 am
Where: Orchard Park
Children's Garden

Ice Cream Social

Ice cream time!!! Come enjoy a free scoop & a friendly chat with your neighbors. For questions please call Shakeela at 297-7451.

When: Wednesday, May 11 at 5pm
Where: Solano Park
Community Center

Chalk and Bubble Wands

Hey everyone, let's get creative! Grab some chalk sticks and make some bubble wands. Come outside and join us, we are going to free our

Community Programs

imagination and make some spectacular shapes and pictures while playing with bubbles.

When: Wednesday, May 11 at 5:15pm

Where: Orchard Park
Community Center

Knitting Night

Come join us to learn the basics of knitting, this event is fun and relaxing. This program is for all levels of knitters, we will be sharing our knowledge furthering the art of knitting. Get away for the evening and learn some new techniques and enjoy some tea and cookies!

Adults only please. If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Thursday, May 12 at 7pm

Where: Solano Park
Community Center

Sprinklers & Water Balloon Toss

The weather is getting warmer. Join us to play a game of water balloon toss. I'll fix a sprinkler, so that toddlers can enjoy too. For questions please call Shakeela at 297-7451.

When: Friday, May 13 at 4:30pm

Where: Green play ground
Solano Park
Community Center

Visit to the Pence Art Gallery

Looking for something special to

do with the family or friends?

Join us to spend Saturday morning enjoying the exhibits in the Pence Art Gallery. For questions please call Shakeela at 297-7451.

When: Saturday, May 14 at 11am

Where: Meet in front of the Solano Park Office or Pence Art Gallery (212 D Street, Downtown-Davis)

Picnic at the Playground

Potluck

Let's celebrate the beginning of summer with a casual potluck at the green playground. This is a great way to meet neighbors and take a break from studying. Please bring a dish to share and I'll provide drinks and dessert. If you have any questions, please contact Shawna Stevens at 757-7899.

When: Sunday, May 15 at 5pm

Where: Grassy Area Next to Green Playground

Pizza Party at the Garden

The gardens are looking good for springtime. I'm moving our pizza party to the gardens to feed hard working gardeners. Thanks for making the community gardens possible. If you haven't been to our gardens take this pizza party as the perfect excuse to look around or get involved.

When: Sunday, May 15 at 6pm

Where: Orchard Park
Children's Garden

May Birthday Celebration

It is time to celebrate you or your neighbors May birthdays together! We will be decorating cupcakes together. Get ready to have some fun, this event is for everyone. If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Thursday, May 19 at 4pm

Where: Solano Park
Community Center

Ice Cream Social

I scream, you scream, we all scream for ice cream! Hang out with your neighbors and enjoy dessert! If you have any questions, please call Shawna Stevens at 757-7899.

When: Thursday, May 19 at 7pm

Where: Solano Park
Community Center

Painting for grown-ups

Enjoy a KID FREE ZONE and let your imagination create your next masterpiece. All the materials will be provided. For questions please call Shakeela at 297-7451.

When: Friday, May 20 at 7pm

Where: Solano Park
Community Center

Let's Cook: Fruit Tea Brew

Summer is almost there! Would you like to know how to make some great drink for the coming summer? Let's get together and learn how to make delicious icy

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fruit tea to chill out summer. Then we can bring the icy tea outside to enjoy the sunshine and have fun!

When: Friday, May 20 at 7pm
Where: Orchard Park
Community Center

Snow Cone and Popcorn Party

Yay, good news everyone! Orchard Park Community is going to welcome our coming summer with our new snow cone machine. Not only that, we are also going to pop some delicious colored popcorn. Come and join us to have snow cones and popcorn together to cheer the sunshine!

When: Sunday, May 22 at 4pm
Where: Orchard Park
Community Center

Morse Code Messaging!

The First Morse Code was sent May 24 1844, it is still an important method of communication 167 years later. We will be learning about the history of Morse code and how to make Morse Code Messages. Morse code is a great way to send secret messages using a flashlight, pen and paper. **This activity is recommended to**

children 6 and above. If you have any questions please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Monday, May 23 at 4pm
Where: Solano Park
Community Center

Treasure Hunt

Use your ears and use your eyes to follow the clues and find the prize! Come join us for an afternoon of exploration. If you have any questions, please call Shawna Stevens at 757-7899.

When: Tuesday, May 24 at 4pm
Where: Solano Park
Community Center

Finally, A Worm Bin.

This year the children's garden wants to welcome worms into our garden. Come and help make their home. Bring food scraps and old newspaper to help us make our worm-composting bin.

When: Saturday, May 28 10am
Where: Orchard Park
Community Center

Waterslide and Popsicles

We are getting closer to summer vacation. I want to bring out the waterslide so we can all take a mini summer vacation right before we finish the quarter and school year. Popsicles and ice cream treats provided. Remember towels and sun block! Summer 2011 here we come.

When: Saturday, May 28 at 1pm
Where: Outside of Orchard
Park Community
Center

Waterslide

Warm weather is here! Join us and have some fun and be prepared to get wet. Please bring towels and sunscreen. **All children have to come with an adult. Waivers must be signed by a guardian to participate in this event.** If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Monday, May 30 at 3pm
Where: Solano Park
Community Center



Monthly Maintenance Tips

By Orchard and Solano Park Maintenance

Window Screens

If you want to remove and then replace for cleaning purposes:

- Orchard Park Residents: The window screen can only be removed and installed from the inside of the window.
- Solano Park Residents: The window frame can only be removed and installed from

the outside—thus to install second story screens, reach the screen out through the window and place it into the frame.

Attempting to force the screens into the proper position can cause the screen to bend. If you need help, submit a repair request on MyUCDavis to get

assistance from Maintenance.

Clean those second floor windows:

The Parks Office will lend you a pole made up for cleaning the outside of second story windows. Inquire at your Park Office.

Holidays and Anniversaries

May 3 - Santa Cruz Feast Day [Native American]

Andrés Santa Cruz was a mestizo who claimed to be of royal Inca descent. He governed Bolivia and created the Peru-Bolivian Confederation, which united these two countries from 1836-1839. Santa Cruz won a large following among the native people of both countries.

May 5 - Cinco de Mayo, Battle of Puebla Day [Mexico]

Commemorates the defeat of French colonial forces at the historic city of Puebla. Prior to this battle, Mexico fought and gained her independence from Spain in 1821 after eleven years of war. Until the Battle of Puebla, the government changed leaders several times and the territory itself was under the threat of being seized by European nations. General Ignacio Zaragoza Seguin's victory over the French was the beginning of a stable future for Mexico, free from threats of takeover. (1862)

May 5 - Kodomo no hi, Tango no sekku, Children's Day, Boys' Festival [Japan, Korea]

Although called Children's Day, Kodomo no hi is actually celebrated as the Boys' Festival, and is typically celebrated by families with boys. Because this date also marked the beginning of summer on the old lunar calendar, it also represents a seasonal festival called Tango no sekku (Iris Festival). To drive away bad spirits and celebrate the future of their sons, families hoist koi no bori (cloth carp streamers) from balconies and flagpoles, and display gogatsuningyo (samurai doll and armament displays) indoors on tiered ledges. Children take syobuyu (a bath with floating iris leaves), and eat kashiwa-mochi (a rice cake wrapped in an oak leaf) and chimaki (a dumpling wrapped in bamboo leaves). Carp, samurai, irises, oak trees, and bamboos all symbolize strength.

May 8 - Mother's Day [1870]

The origin of Mother's Day was as a call to action on international issues. The proclamation was a plea to women to take the major international issues of the day into their own hands and to stop supporting the men who were not able to provide peaceful settlements of those issues. It was initiated during the great suffragist movement of the 1850s and 1860s to urge women to act publicly, to discuss and influence international issues. Second Sunday in May.

May 30 - Memorial Day [USA]

Memorial Day was first observed in the United States in 1868 to honor the war dead of the Civil War, both North and South. In time it came to include the commemoration of all lives lost in wars. Last Monday in May.



Calendar of Events

May 2011

All residents are welcome to attend all programs, regardless of location. All events held in the Community Center unless otherwise noted.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Make Cards for Teacher's Day SPCC 4pm	3 Jewelry Class for Adults SPCC 7:30pm	4	5 Cinco de Mayo OPCC 5pm Cinco de Mayo Potluck SPCC 6pm	6 Pot Painting SPCC 5pm Mother's Day Flowers OPCC 5:15pm	7 Garden Work Day OP Children's Garden 10am
8	9	10	11 Ice Cream Social SPCC 5pm Chalk and Bubble Wands OPCC 5:15pm	12 Knitting Night SPCC 7pm	13 Sprinklers and Water Balloon Toss SPCC Playground 4:30pm	14 Visit Pence Art Gallery SP Office 11am
15 Picnic at the Playground Potluck SP Playground 5pm Pizza Party at the Garden OP Children's Garden 6pm	16	17	18	19 Birthday Celebration SPCC 4pm Ice Cream Social SPCC 7pm	20 Painting for Grownups SPCC 7pm Let's Cook: Fruit Tea Brew OPCC 7pm	21
22 Snow Cone and Popcorn Party OPCC 4pm	23 Morse Code Messaging SPCC 4pm	24 Treasure Hunt SPCC 4pm	25	26	27	28 Finally, a Worm Bin OPCC 10am Waterslide and Popsicles OPCC 1pm
29	30 HOLIDAY PARKS OFFICES CLOSED Waterslide SPCC 3pm	31				

