Summertime Fun!
Submitted by: Casey Fawcett
Sources:
http://www.resourcesformomsandkids.com, http://www.davisfarmersmarket.org,

Take advantage of the wonderful summertime activities in Davis before summer is over! Here are some great activities that you can do together as a family this summer. Don’t stay indoors, explore what we have around us, here is the list of fun summer activities for families that I suggest.

1. Visit the Picnic in the Park
Bring the whole family, shop the Market and enjoy the International Food Faire and beer and wine garden. Kid’s activities include pony rides from Pony Ranch Parties, Bouncing Bungalows, and Rocknasium’s rock-climbing wall. There is live music from local bands that play Rockabilly, Blues, Folk, Bluegrass, Pop/Rock, Surf Music, Celtic, World Music, Big Band, Swing, Jazz and Dixieland.

2. Stay Cool at a Local Pool
You can have lots of fun together at one of the many public Davis pools. Here is a list of local pools to visit and the amenities that they offer. Don’t forget to bring the sunscreen and water play toys.

   • **Arroyo Pool**
     2000 Shasta Drive
     (Arroyo Park)
     (530) 297-5477
   • **Civic Center Pool**
     23 Russell Boulevard
     (Civic Center complex)
     (530) 758-1430
   • **Community Pool**
     201 East 14th Street
     (Community Park)
     (530) 758-0930
   • **Manor Pool**
     1525 Tulip Lane
     (Slide Hill Park)
     (530) 758-2000

3. Scavenger Hunt
Scavenger hunt is fun activities for the families. You can do it at the backyard or in the park. Parents can specify the mission such as: find nature items that you can use it later for crafts.

4. Heritage Trails
Do you know the history of Davis? Why not check out this website (http://daviswiki.org/town_history) and visit the historic places here in Davis. This is a great way to educate and connect your kids with their community. You can do it for another city if you like and then take a trip!

5. Historic Train Ride
Train offers bigger space for families to move around and you can enjoy the scenery from the window of the train. Old Sacramento offers a great historic train adventure at a reasonable cost.

* Continued on Page 2
The California State Railroad Museum

2011 marks the 28th consecutive season the excursion trains have been operating in Old Sacramento. Once underway, excursion trains depart every hour on-the-hour from 11 a.m. to 5 p.m. weekends through September.

- **Days of Operation:** Saturday and Sunday plus Monday Holidays (April through September)
- **Hours of Operation:** every hour on the hour, 11 a.m. to 5 p.m.
- **Departure location:** Central Pacific Railroad Freight Depot in Old Sacramento (located on Front Street between J and K Streets).
- **Tickets:** Regular Coach: $10 adults, $5 youths (ages 6-17), ages 5 and under ride free. First Class El Dorado Car: $15 per person - all ages

On-line advance tickets are available for a the First Class El Dorado Observation Lounge Car only. Tickets for Regular Coach are available on a first-come, first-served basis and can be purchased on the day of the train ride at the Freight Depot on Front Street in Old Sacramento. All tickets - First Class and Regular Coach - for the 5:00 pm train are only available at the Freight Depot.

- **Website:** [http://www.csrmf.org/train-rides/all-aboard-steam-powered-excursion-train-rides](http://www.csrmf.org/train-rides/all-aboard-steam-powered-excursion-train-rides)

6. **Camping**

Doing activities outdoor in camping such as cooking and sleeping certainly gives different experience from what we do in the house.

7. **Cycling**

Rent bicycles and cycle together as a family. You can bring the picnic basket along.

8. **Visit the Farm**

**Impossible Acres**

- **U-PICK Pickin’ Patch (Rd. 97D):** Early blackberries, early marionberries boysenberries, ollalieberries, raspberries, peaches, and nectarines.
- **Regular hours 9-6PM Wed.-Sun. closed Mon. and Tues.**
- **GRANDPA’S BARN site:** (corner of Rd. 31 & Rd. 98) Opens Sunday June 26, 9-6PM everyday with freshly picked berries and fruit

Visit our friendly farm animals. In case of questions, call (530)-750-0451.

9. **Picnic**

How about having your breakfast or lunch outdoor? Bring your light meals in the basket and head it to the park. I hope there is something here that your family would enjoy! Doing activities together will bring a family tie closer and the summer is perfect time to do outdoor activities.

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**Pack for a picnic**

- Include items such as sandwiches, fruit, snacks, and beverages.
- Don’t forget utensils, plates, and napkins.
- Consider bringing a blanket or lawn chair for comfort.
- Make sure to pack any necessary travel documents, such as your driver’s license, insurance card, and registration.
Ramadan is the month of fasting for Muslims all over the world. This year it will be the entire month of August. Muslims refrain from eating, drinking, and sexual intercourse from dawn to dusk for the duration of Ramadan. Fasting the month of Ramadan is one of the five pillars of Islam. These are the foundation upon which the entire structure of Islam is built. These consist of the declaration of faith, prayer, fasting Ramadan, paying of Zakah [the annual charity payment], and performing the pilgrimage to Makkah, known as hajj.

Ramadan is not simply a time during which people deprive themselves from physical pleasures, but is an occasion to exercise moral restrain and experience spiritual growth. Ramadan is a time of remembrance of God and renewal of commitment to the high and noble values he revealed to mankind. It is, like other religious practices in Islam, an occasion for pursuing moral excellence that can also be translated into excellence in social organization and interaction.

After the month of Ramadan is over, Muslims celebrate one of the two most important holidays in the Islamic year: EID-UL-FITR, or the Festival of the Fast Breaking (will be on Tuesday, August 30, 2011). It is a day to thank God for the blessings and training that He provides us with throughout the month of Ramadan. EID-UL-FITR is marked by praying in a huge congregation at a Masjid (Islamic Center) or in an open space, and by giving charity (zakat-al-fitr). It provides for the needs of the poor and the indigent and relieves them from having to ask others for charity on the day of Eid.

** Join us for an Ifthar (breaking fast) potluck to share the joy of Ramadan. See community events for more details.

Ramadan - The Month of Fasting
Submitted by: Shakeela Kuthubdeen

THE PARK MESSENGER

New Solano Park RA - Linnea Hall
Submitted by: Linnea Hall

Being an RA has been a much-anticipated experience for me. I am exceptionally excited for this new calling, and I look forward to meeting everyone. My husband, Nicholas, and I moved to California from the Midwest during the summer of 2007 for Nicholas’ graduate studies in Physics. We moved to Solano Park in May of 2008, and we truly enjoy it! Solano Park is a unique setting and a singular housing community in Davis. I’m glad to live here. Prior to being an RA, I worked as a Fashion Designer at Lands End Old Navy in San Francisco, and Gregory Mountain products backpack company in Sacramento. I enjoy sewing, dancing, good movies, and LEARNING. My 2011 New Year’s resolution has been to learn to cook. I especially enjoy Thai food, Indian food, & Vietnamese soups! I have found they’re an ART to truly make well and tricky to get “just right,” but I love them, and I keep trying. I sincerely appreciate the diversity of our Solano Park community and all that we can share with each other. Interesting tidbits: I have a twin sister, I once sang back up for Reba MacIntyre, and I am scared of heights. I look forward to the opportunities ahead and making new friendships with you.

Ramadan - The Month of Fasting
Submitted by: Shakeela Kuthubdeen
**Community Programs**

**Snow Cones**
Come join us for a cool treat! I will be serving up snow cones with natural flavors. Come cool off and hang out with neighbors. If you have any questions please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

*When:* Tuesday, August 2 at 6:30 pm  
*Where:* Solano Park Community Center

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**Waterslide**
Yeah, Waterslide! Summer is here, everyone. Get ready to jump on our slide and have a cool time. Don’t forget to bring towels and sun block with you. Let’s cheer for the sunshine! All children must come with an adult.

*When:* Wednesday, August 3 at 3:30 pm and Thursday, August 18 at 1:30 pm  
*Where:* Outside of Orchard Park Community Center

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**Water Slide**
Enjoy the summer and sunshine. Kids, join your friends and have fun in the water slide. Don’t forget your sunscreen and towel. **a waiver signed by a parent is a must.**

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**Toddler Playgroup**
Come; enjoy the opening of our new kiddies’ pool. Get ready to get wet; it’s a fun time for the toddlers!!! We can have a chat while kids enjoy the sunny morning with friends. Wear something you won’t mind getting wet. For questions please call Shakeela at 297-7451.

*When:* Friday, August 5 at 11 am  
*Where:* Green Playground By Solano Park Community Center

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**Baby Playgroup**
Starting from August, we are going to have a baby play group for babies 0 to 18 months old. It will be a great opportunity to meet other parents in the neighborhood and make some little friends for your babies! This program is for babies 0 to 18 months old.

*When:* Thursday, August 8 at 3:30 pm  
*Where:* Orchard Park Community Center

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**Book Swap**
Bring any classic, mystery novel, or kids’ books you’d like to trade. You can take home a new book to jump start your reading. For questions please call Shakeela at 297-7451.

*When:* Wednesday, August 10 at 5 pm  
*Where:* Solano Park Community Center

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**Kid’s Club!**
Calling all Kid’s Club Members! Let’s make some great snacks together. If you like to prepare delicious nutritious food this is your event! Children 7 and above only please. If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

*When:* Tuesday, August 9 at 4 pm  
*Where:* Solano Park Community Center

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**Tomatoes, Tomatoes, and More Tomatoes**
Wonder what to do with all the tomatoes that you harvest from your garden and bored with eating raw tomato and basil every day. Come; learn new ways to turn your tomato into a wonder meal. I tried making sundried tomatoes last year, it worked. Bring your tomato preserving ideas to share with others along with a sample if possible. I’ll bring my mom’s ‘Pineapple and tomato Jam’ to share. For questions please call Shakeela at 297-7451.

*When:* Monday, August 8 at 5 pm  
*Where:* Solano Park Community Center
Community Programs

Around the World Gathering
Celebrate the diversity of our community here at Orchard Park! Show us which country or state you’re from on a large world map, listen to and sing simple children’s songs in different languages, share your favorite family dessert, read your favorite children’s book or just tell us how to say hello in another language. Families are encouraged to bring songs, music, instruments, books, photographs and/or desserts that are part of their culture to share. Please contact Kyana at (530) 554-9880 for questions.

When: Wednesday, August 10 at 7 pm
Where: Orchard Park Community Center

Back to School Night
Celebrate your future little students’ first trip to school. Meet with other parents in the same situation. We’ll share basic info on back to school. Parents with 3-5 yr old children are invited. For questions please call Linnea at 219-9477.

When: Thursday, August 11 at 6:30 pm
Where: Solano Park Community Center

Waterslide
Stay cool in this warm weather, join us for fun with the waterslide. Please bring towels and sunscreen. All children have to attend with an Adult. Waivers must be signed by a guardian to participate in this event. For questions, please call Linnea at 219-9477. **A waiver signed by a parent is a must.** For questions please call Linnea at 219-9477.

When: Friday, August 12
Where: At the Grassy Area Between 2700 and 2800 Buildings

Orchard Park Children’s Theater
Hi everyone, are you worried about your kids being bored in the whole summer? Come and join our summer Children’s Theater. Let’s have some fun for the kids in the summer! This program is for kids 6 and older.

When: Friday, August 12 at 4:30 pm
Where: Orchard Park Community Center

Wish Upon A Star Night
Join us for a night of sky gazing at the OP Kids’ Garden! We will watch the Perseids meteor shower (and make a wish!), look at the moon through our telescope and check out some night-blooming flowers, then walk back to the Community Center for a display of our constellation planetarium. We’ll end the evening with a marshmallow roast and glow sticks!

When: Friday, August 12 at 10 pm
Where: Orchard Park Kids’ Garden

Snow Cones
Sweet relief! Enjoy a break from the cold and meet friends and neighbors for snow cones! For questions please call Linnea at 219-9477.

When: Tuesday, August 16 at 2 pm
Where: Solano Park Community Center

Kid’s Club!
Hey Kid’s Club! We are going to build boats and then set them to sail. There will be snacks and drinks. See you there! Children 7 and above only please. If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Tuesday, August 16 at 4 pm
Where: Solano Park Community Center

Lemonade and Outdoor Drawing
Don’t you feel our neighborhood is nice and pretty? Why don’t we go outside and sit together to explore some more
Community Programs

beauty of our neighborhood? Let’s draw and have lemonade outdoors together! This program is for both kids and adults.

When: Tuesday, August 16 at 4:30pm
Where: Orchard Park Community Center

Get to Know You Potluck
With so many people moving in this time of year, we’d like to welcome you to Solano! Everyone is invited to meet their new friends and neighbors. Please bring a dish to share. For questions please call Linnea at 219-9477.

When: Wednesday, August 17 at 6pm
Where: Solano Park Community Center

Waterslide
Let’s celebrate the warm weather with a waterslide! Join us and have some fun and be prepared to get wet. Please bring towels and sunscreen. All children have to come with an adult. Waivers must be signed by a guardian to participate in this event. If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Tuesday, August 23 at 7pm
Where: Solano Park Community Center

Ifthar (Break Fasting) Potluck
Diversity is the spice of life. Join the Muslim friends for Ifthar (break fasting) and experience the joy of Ramadan. Bring your favorite dish to share. For questions please call Shakeela at 297-7451.

When: Saturday, August 20 at 7:45pm
Where: Solano Park Community Center

End of Summer Games
Join us for an “easy obstacles” end of summer games. Kids can participate in Bean Bag toss, balance “beam,” etc. If the weather is cool enough we’ll be outside. Please have kids dressed to be active and wear sunscreen. Children must attend with an adult. For questions please call Linnea at 219-9477.

When: Tuesday, August 23 at 9:30am
Where: At the grassy area between 2700 - 2800

Kid’s Club!
Summer is coming to an end and so is Kid’s Club. Let’s go out with a bang! Come tonight for a special surprise. Children 7 and above only please. If you have any questions, please contact Casey Fawcett, RA for Solano Park at 707-953-5279.

When: Wednesday, August 31 at 4 pm
Where: Orchard Park Community Center

Badminton
Meet us for a fast-paced badminton tournament in the courtyard in front of Building 5600. We’ll supply the rackets, birdies and net. It’s fun and great exercise for adults and older kids! (Ages 8 and up only, please.)

When: Tuesday, August 23 at 7pm
Where: In Front of Building 5600

All About Sharks!
See real shark jaws, create shark art and learn all about the fascinating world of sharks! Orchard Park’s own Dr. James Ketchum, whose research includes work with National Geographic, will talk about shark anatomy and his research in the migration behaviors of marine predators, as well a look at real research equipment such as an underwater detection device and tagging gear. Don’t miss this hands-on presentation! Refreshments and prizes will be provided.

When: Wednesday, August 31 at 4 pm
Where: Orchard Park Community Center
Drains, Drains, Drains

➢ To help avoid nasty drain back-ups, please make sure that your kitchen sink strainer is in place when rinsing vegetables and cooking so that vegetable matter does not slip down the drain. Also, never put grease or oils of any kind down the drain. Doing so could result in significant problems and unfortunately, charges.

➢ In the bathroom, please make sure that the hair strainer is in the bottom of the tub; occasionally remove the hair from it. Also, please remember not to flush feminine hygiene products or paper towels down the toilet.

➢ By following these simple suggestions, we can all help to hold down maintenance costs and personal inconvenience in the Parks. Thank you for your cooperation. Have a wonderful summer.

Holidays and Anniversaries

August 1 - Lammas [Wiccan]
This day honors the turning of the wheel once again and represents the midpoint between summer and fall. Lammas in the Wiccan tradition is a cross-quarter holiday, acknowledging Mother Earth for the fruits of the harvest.

August 6 - Hiroshima Day [Japan]
The US government drops an atomic bomb on the city of Hiroshima, Japan. Peace Day, as it is sometimes called, recalls the insight of Mahatma Gandhi, who said that nuclear weapons would make peace a necessity. The bomb dropped on Hiroshima killed more than 100,000 people instantly. Three days later another 50,000 died when the second bomb was dropped on Nagasaki. Tens of thousands died more slowly from radiation poisoning. Survivors, their children and grandchildren continue to be affected in ways that are not yet understood. In 1955, a 13 year-old Japanese girl died of “atomic bomb disease,” radiation-induced leukemia. She was one of many children to suffer the after-effects of the bomb dropped on Hiroshima in 1945. During her illness, Sadako Sasaki buoyed her spirits by folding paper cranes. Japanese legend says that cranes live a thousand years, and that the person who folds a thousand paper cranes will be granted a wish. With each paper crane she made, Sadako wished for recovery from her fatal disease. Before her death she had folded 644 paper cranes. Classmates completed her task so that she was buried with a thousand cranes. Children around the world remember this young girl by folding cranes in her honor. (1945)

August 7 - Ratha-yatra [Hindu]
For thousands of years devotees of Lord Krsna have journeyed to Jagannatha Puri in India to take part in the annual celebration called Ratha-yatra, The Festival of the Chariots. During this festival devotees glorify the pastimes of Krsna in a two-mile parade of three fifty-foot high chariots. It is always the first Sunday of August.

August 23 - Rose of Lima Day [Peru]
Born in 1586 as Isabel to Spanish immigrants to the New World. A beautiful girl and devoted daughter, she was so devoted to her vow of chastity, she used pepper and lye to ruin her complexion so she would not be attractive. Lived and meditated in a garden, raising vegetables and making embroidered items to sell to support her family and help the other poor. Received invisible stigmata - Assorted physical and mental sufferings. Died on August 24, 1617 and canonized on April 2, 1671 by Pope Clement X. First saint born in America. Founder of social work in Peru.
## Calendar of Events
### August 2011

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<td><strong>Snow Cones</strong>&lt;br&gt;SPCC 6:30pm</td>
<td><strong>Waterslide</strong>&lt;br&gt;OPCC 3pm</td>
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<td><strong>Toddler Playgroup</strong>&lt;br&gt;SPCC 11am</td>
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<td><strong>Baby Playgroup</strong>&lt;br&gt;OPCC 3:30pm</td>
<td><strong>Kids’ Club</strong>&lt;br&gt;SPCC 4pm</td>
<td><strong>Tomatoes</strong>&lt;br&gt;SPCC 5pm</td>
<td><strong>Back to School</strong>&lt;br&gt;SPCC 6:30pm</td>
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<td><strong>Wish Upon a Star</strong>&lt;br&gt;OP Kid’s Garden 10pm</td>
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<td><strong>Lemonade &amp; Drawing</strong>&lt;br&gt;OPCC 4:30pm</td>
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<td><strong>Badminton</strong>&lt;br&gt;5600 7pm</td>
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<td><strong>All About Sharks</strong>&lt;br&gt;OPCC 4pm</td>
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*SPCC*: Snow Park Community Center
*OPCC*: Olympic Park Community Center
The Park Messenger is published by Student Housing, at the University of California, Davis. Our goal is to communicate with Park residents, campus departments and the community of Davis. We encourage reader suggestions, criticisms and articles. Let us hear from you.

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The Park Messenger online:  
http://www.housing.ucdavis.edu/current/park_messenger.asp

Did you know?

- Registration Reminder ~  
Student Housing requires all students to meet our eligibility requirements to continue living in The Parks Apartments. **Students must have full-time registered status during fall, winter and spring quarters/semesters. Full-time status is defined at 12 units for quarter students and 10 units for semester students.** Students who do not meet the requirement are required to register for additional classes or submit notice to move out. Please be aware of these requirements when you register for fall, winter and spring quarters in the coming months. Please contact Student Housing at 752-2033 or your Park Office if you have any questions.

- If you plan to travel for two weeks or more, please leave a travel form with your Park Office.

- Planning to vacate after finals? Remember a 42-day notice is required.

- Whether you are moving in or moving out, please do not park your vehicle in the perimeter (interior/walkways) of The Parks. It places children at risk and is against campus vehicle code. Vehicles in the interior of the complex will be cited and/or towed by University Police.

- We want our complexes to remain safe places to live. Report any suspicious activity to Campus Police.

- NEW RESIDENTS—Need to get rid of your moving boxes? Feel free to post your information on the bulletin boards by the office and mail buildings so that current residents to contact you if they want your old boxes. A vacating resident just may need a box or two for their upcoming move! Please note that you are responsible for removing your information from the bulletin board when you don’t want people to contact you any longer.