



A Publication of
Orchard and Solano
Parks, UC Davis

THE PARK MESSENGER

May 2013

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Orchard Park Office Hours:
Tuesday and Thursday
8:00am—12:00pm
1:00pm—4:30pm

Solano Park Office Hours:
Monday, Wednesday, Friday
8:00am—12:00pm
1:00pm—4:30pm

Special points of interest:

- May 27, 2013 is a University Holiday. All campus offices will be closed
- Graduation Times and Community Center Availability on Page 5

Process for Requesting a Transfer

Submitted by April Berryman

Due to the impending closure of Orchard Park in July 2014, we implemented a new policy as of April 2012 that allows residents to transfer any time of the year. Those residents wishing to transfer from Orchard Park to Solano Park will have priority over all other waitlists.

Leaseholders may go to the Student Housing

website (housing.ucdavis.edu) under the Publications section and download and complete a transfer application. There is no fee to apply to be placed on the transfer waitlist. Residents may turn in the completed transfer application to the Orchard or Solano Parks Office or the Student Housing Office.

Transfers will be based on the date the application is received and space available which meets the criteria that the leaseholder chooses.

TIP: If the leaseholder has a specific building or apartment they would like to transfer to, this information should be included in the transfer application

A Friendly Reminder, Please Leave the Wildlife Alone

Submitted by: Shakeela Kuthubdeen

As the days get longer and the weather turns nicer, we tend to stay outdoors more than indoors. Kids get more time to play and more time to enjoy their surroundings. We often notice kids trying to interact with the birds, squirrels, feral cats and ducks. Though it seems like harmless fun, chasing them around or encouraging their presence by feeding them is BAD for the animals.

Feeding ducks and cats changes their natural behavior.

Feeding the ducks is bad for the ducks and bad for our community. The colorful Mallards and other wild ducks you see around Solano Park have bodies that allow them to fly. They are physically designed to eat natural foods growing in their environment to stay healthy and light for flight. When wild ducks are fed

human foods their organs become engorged and fatty on the inside and they quickly die from malnutrition, heart disease, liver problems and other health complications. An overfed, malnourished duck is sluggish and can't escape from predators.

*Continued on Page 2

A Friendly Reminder!

*Continued from Page 1

Feeding wild ducks adversely affects natural migration patterns, which are critical for their ongoing survival. Additionally, feral cats come in

from all over the campus and other areas that we cannot control. If there is a food source for them, they will adopt the area and stay. While they may be very cute,

remember, these are wild animals. Please note that feeding or trying to pet or pickup stray cats can result in the exposure to rabies.

Orchard Park Yard Sale Time!

Submitted by: Heidi Culbertson

Warm weather is a sign of change around the UC-Davis Parks. Along with the blooms and the singing birds, Spring Time usually begins the packing and moving of many of our community members as they head out to the next grand adventure! To help our community find new homes for their excess possessions, we announce the annual **Orchard Park Yard Sale on Saturday, June 1**, near the northwest corner of Orchard Park (near building #7000). Set-up begins at 7:30am, and the sale begins at 8am. Bring a blanket or table to help display your for sale items. In addition to sweeping your patios and balconies, here are some tips to get you motivated in the closet clean-out part of Spring Cleaning:

➤ **TIP #1 Know When to Sell**
Let's say you have a digital camera that you are on the fence about whether to get rid of or not. You can go onto ebay or craigslist and find out the price that similar cameras have sold for. This gives you a good idea of what you could get for yours if you sold it. Now, ask yourself: "If I didn't already own this

camera, would I pay that high of a price for it?" If the answer is no, then sell it immediately. Indeed, if you have remorse you can always buy another one, probably for a cheaper price.

If you do this exercise with things in your house, you'll realize how little you actually value some of your things you think you cannot part with. Why does it work? Because you are using your imagination to overcome the endowment effect. By imagining that you *don't* own it, you get a better idea of its true value to you.

➤ **TIP #2 Designate a Donation Area**

Set up a box or a bag in a closet or behind a chair all set up to drop in any item your home is ready to give away. When it is full, give it to a charity organization. Or if you feel that the items intended for donation would mysteriously disappear from the bag before it gets donated, consider putting it in your car. Fold your clean laundry with such a bag nearby. During laundry day, I often find that my family has outgrown at least one pair of pants or a shirt that I do not

want to keep for the next child, or something else that I do not want in my closet or homes anymore either.

➤ **TIP #3 Set Limits**

First, set limits on how much time you spend decluttering—if you know you're only going to work for 10 minutes, you're less likely to feel overwhelmed. If you work for 10 minutes every day, you'll be surprised at how much you get done. Perhaps have a nightly "10 Minute Pick-Up" as part of the after-dinner/bedtime routine to get the whole family involved! Second, set limits on how many things you'll allow in your house. This goes for toys, clothes, movies, everything. Make it a rule that if something comes in the house, something else has to go out. More stuff doesn't make you happier; it just makes your home messier. And that doesn't make anyone happy.

➤ **TIP #4 Make Giving a Lifelong Habit**

"365 Less Things" is an interesting blog detailing the true story of a woman giving

Orchard Park Yard Sale Time!

*Continued from Page 2

away one of her possessions every day for one year. Check it out for some motivational before and after pictures!

We are lucky to have the option of having a very convenient system set up for us here in Orchard and Solano Parks. Try to donate at least one item to the Salvation Army bins every time you make a trip to the laundry room. It is amazing how the habit of giving away can help us understand that we will always have enough, and often even too much for our (and anyone's) needs and wants. Giving encourages gratitude for what we have.

- **TIP #5 Do not try to be perfect**
You don't need a sparkling clean house to be happy. No one is going to notice if there's a little dust on the living room lamp or if your DVDs aren't in alphabetical order. But shuffling through papers so you can eat dinner or shoving toys off the couch so you can watch TV is not relaxing or comfortable, which is what a home should be. Little steps can make a big difference.

A person does not have to be overly disciplined to be organized. Being organized just means that when you want something in your home you can find it in about 3 minutes and without much effort. Figure out what actions will help your home environment feel relaxing. Work on a plan with those you live with to figure out how to get to that point, and then, more importantly, how to *stay* there.

- **TIP #6 Be the Master, not the Servant**

The more time you spend moving things, being frustrated with things, tripping over things, shuffling things from this place to this place, talking about those same things...the less you are the master of your domain and the more those things are *your* master. Put your possessions in their rightful relationship with you. Get rid of the excess material possessions to make room for those more loyal possession "servants" to do their job: to make your life easier and happier!

- **TIP #7 Be Green, Don't Dump**

If you have a clothes washing machine or a dishwasher that

no longer works or it does work and you don't want it anymore, consider contacting S.A.S. Appliances at 916-534-3076. Hours after making the call, an employee came with a dolly and did all the heavy lifting and hauled our washing machine away! There are many businesses that repair our trash and make it treasures to keep out of landfills. Do not leave anything with an electrical plug outside at the dumpster. This is a fire code violation as someone may take it home and plug in a damaged electronic appliance or vacuum and start a fire in our apartment complex! Consider also using freecycle.com (Davis, CA has its own Yahoo! Group). There are many same day or next day pick-ups for your broken or outgrown items. Be cautious when making contact with strangers.

Get excited about our Community Spring Cleaning Initiative! Make a few dollars at the yard sale! Create a safe and clean home to relax in during the summer! **See you at the Orchard Park Yard Sale!**



History of Cinco de Mayo, Battle of Puebla Day

Submitted by: Linnea Hall Source: cinet.ucla.edu/cinco

Cinco de Mayo, Battle of Puebla Day commemorates the defeat of the French at the city of Puebla. Prior to this, Mexico fought an eleven year war with Spain. From 1821 to 1862 the government was in jeopardy of being seized by European nations, but the victory at the Battle of Puebla was the beginning of a stable future for Mexico as they were free from the threats of a takeover. The "Batalla de Puebla," on the fifth of May, came to represent a

symbol of Mexican unity and patriotism. With this victory, Mexico demonstrated to the world that Mexico and all of Latin America were willing to defend themselves from any foreign invasion. The "Batalla de Puebla" came to be known as simply "5 de Mayo" and unfortunately, many people inaccurately equate it with Mexican Independence which was September 16, 1810, nearly fifty years earlier. So Cinco de Mayo celebrates the Batalla de Puebla. People celebrate this significant day

by having parades, mariachi music, folklorico dancing and other types of festive activities.

At Solano Park, we'll celebrate the "Batalla de Puebla" or "Battle of Puebla Day" on Sunday May 5th at 5:30pm at the Solano Park Community Center. Please bring a side dish to share with your neighbors and we'll provide a main dish and drinks. Everyone is invited to join us in celebrating!



GRADUATION PARTY? PLAN AHEAD!

Submitted By Sue Franck

For graduation parties, an exception to our usual Community Center reservation policy is being made. Beginning May 1, we will accept reservations for Spring graduation parties to be held on May 17, June 1, or June 12 – 15. Parties must be limited to time blocks to ensure the highest use of the Community Center. The blocks are from 8am – 12:30pm, 1pm – 6pm and 6:30pm – midnight. After May 10, unreserved time blocks for May

17 and June 1 will be released for graduation party extensions and non-graduation events. After May 18, unreserved time blocks for June 12 – 15 will be released for graduation party extensions or non-graduation events. Because of heavy demand, we ask that those utilizing the Community Center be extra diligent with clean-up so the facility will be ready for the next reservation.

You may reserve the Community Center at either Solano or Orchard Park. If demand exceeds capacity, remember that June is a great month for a picnic; feel free to move the picnic tables around the park for your parties. Put a note on a table the day before you need it as an informal reservation, and please respect others' reservations as well.

GRADUATION SCHEDULE 2013

<u>EVENT NAME</u>	<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
School of Law	Friday, May 17	4pm	Mondavi Center
School of Medicine	Saturday, June 1	10am	Mondavi Center
School of Education	Wednesday, June 12	4pm	Mondavi Center
Graduate Studies	Thursday, June 13	4pm	ARC Pavilion
College of Biological Sciences	Friday, June 14	9am	ARC Pavilion
College of Engineering	Friday, June 14	3pm	ARC Pavilion
School of Veterinary Medicine	Friday, June 14	10am	Mondavi Center
College of Letters and Science	Saturday, June 15	9am AND 2pm AND 7pm	ARC Pavilion
Graduate School of Management	Saturday, June 15	10am	Mondavi Center
College of Letters and Science	Sunday, June 16	9am AND 2pm	ARC Pavilion

Community Programs

Multi-Language Story Time

A picture book will be read in two different languages. After reading time, a simple activity and a snack will follow. We are hunting down community members to share their language and reading skills with us! This is a great time for visiting grandparents to participate. Can you read in a language other than English? Can you read English? Do you have a great book you'd like to help read (you can be the English speaker or the person reading a language other than English). Please contact Heidi at hjculbertson@ucdavis.edu.

When: Every Thursday at 4pm
Thursdays, May 2, 9, 16, 23, & 30
Where: Orchard Park Community Center

Snow Cones

Join us as we enjoy some cool treats. Come cool off and hang out with neighbors. If you have any questions please feel free to contact Cesar at 408-504-6727.

When: Friday, May 3 at 6:30pm
Where: Solano Park Community Center

First Saturday of the Month Potluck Breakfast

Bring a yummy breakfast food to share while getting to know your neighbors! Or just bring your own breakfast out and eat among friends. For questions, contact Heidi at hjculbertson@ucdavis.edu.

When: Saturday, May 4 at 9am
Where: Orchard Park Community Center

Cinco de Mayo Potluck

Come celebrate Cinco de Mayo with a fiesta potluck. Feel free to bring a Mexican side dish to share with our neighbors and we will provide the main dish. If you have any questions please feel free to contact Cesar at 408-504-6727.

When: Sunday, May 5 at 5pm
Where: Solano Park Community Center

Craft Hour

Come; let's make a key chain for the BEST MOM to say 'I Love You Mom', on her special day. **Every child MUST be accompanied by a grown up.** For questions please call Shakeela at 530-297-7451.

When: Wednesday, May 8 at 4pm
Where: Solano Park Community Center

Badminton

Did you know that we have a badminton set? Join us as we enjoy a fun and exciting game of badminton. It'll be a great exercise for kids and adults (Ages 7 and up). If you have any questions please feel free to contact Cesar at 408-504-6727.

When: Wednesday, May 8 at 4:30pm
Where: Solano Park Community Center

Mother's Day Card

Make a card with a special touch for Mother's day. **Every child MUST be accompanied by a grown up.** For questions please call Shakeela at 530-297-7451.

When: Friday, May 10 at 4pm
Where: Solano Park Community Center

Adult Painting

Join us for a relaxing evening of painting. For questions, please contact Linnea at 530-219-9477.

When: Friday, May 10th 7pm
Where: Solano Park Community Center

Mother's Day Cards

Enjoy cutting and gluing paper to create your own unique Mother's Day cards to give to the special women in your life (Mother's Day is Sunday, May 12th). For questions, contact Heidi at hjculbertson@ucdavis.edu.

When: Saturday, May 11 at 10am
Where: Orchard Park Community Center

Ice Cream Social

Ice cream time! Come enjoy a free scoop and a friendly chat with your neighbors. For questions please call Shakeela at 530-297-7451.

When: Monday, May 13 at 4pm
Where: Solano Park Community Center

Community Programs

Spring Fan Craft

All kids are invited to decorate a fan to cool off this spring. For questions, please contact Linnea at 530-219-9477.

When: Tuesday, May 14 at 4:30pm

Where: Solano Park Community Center

Spring Candy Cones

All kids are invited to decorate a paper cone and fill it with their favorite candy. For questions, please contact Linnea at 530-219-9477.

When: Wednesday, May 15 at 4:30pm

Where: Solano Park Community Center

Chess Workshop for Kids

Hey Kids! Learn how to play chess like Alice in *Through the Looking Glass*. Bring your chess board or just bring your enthusiasm to the Orchard Park Community Center and enjoy some chess.

When: Sunday, May 19 at 10am

Where: Orchard Park Community Center

Happy Un-Birthday Party

Come join us for a Very Happy Un-Birthday Party a la Alice in Wonderland. Dress as your favorite character or wear your tea party best to this fun afternoon party.

When: Sunday, May 19 at 12:30pm

Where: Orchard Park Community Center

Davis Bee Sanctuary Tour

Bees are buzzing! Let's meet at the Orchard Park Community Center to hear some information about bees. Then we can walk over to the Davis Bee Sanctuary next to the Orchard Park Community Gardens for a tour as we learn about bee hives and the bee sanctuary.

When: Wednesday, May 22 at 2:45pm

Where: Orchard Park Community Center

Farewell Potluck!

Join us to celebrate Cesar's time as a Resident Assistant. Please bring a side dish to share. Hamburgers and hotdogs will be provided. For questions, please contact Linnea at 530-219-9477 or Shakeela at 530-297-7451.

When: Friday, May 24 at 5:30pm

Where: Solano Park Community Center

Snow Cone Day

DJUSD have a day off from school! Let's celebrate by eating yummy flavored snow! If you are feeling environmentally friendly, bring your own cup and spoon. For questions, contact Heidi at hjculbertson@ucdavis.edu.

When: Monday, May 27 4pm

Where: Orchard Park Community Center

Frisbee

Is anyone up for a game of Frisbee? Join us as we enjoy a fun game of Frisbee. This is a good way to get some exercise and have fun with our neighbors. If you have any questions please feel free to contact Cesar at 408-504-6727.

When: Tuesday, May 28 at 4:30pm

Where: Solano Park Community Center

Orchard Park Yard Sale

Clean out closets, patios, balconies and storage units! It's moving-out season! We'll set up a row of tables starting from the northeast corner of Orchard Park. There may not be enough tables for everyone, so bring your own tables and blankets from home to display your sale items.

Want to volunteer to post yard sale signs Friday night or Saturday morning? How about moving picnic tables over?

Contact Heidi at

hjculbertson@ucdavis.edu.

When: Saturday, June 1 (Set up at 7:30am. Yard Sale begins at 8am)

Where: Near laundry room building # 7000

Monthly Maintenance Tips

By Orchard and Solano Park Maintenance

Window Screens

If you want to remove and then replace for cleaning purposes:

- Orchard Park Residents: The window screen can only be removed and installed from the inside of the window.
- Solano Park Residents: The window frame can only be removed and installed from

the outside—thus to install second story screens, reach the screen out through the window and place it into the frame.

Attempting to force the screens into the proper position can cause the screen to bend. If you need help, submit a repair request on MyUCDavis to get

assistance from Maintenance.

Clean those second floor windows:

The Parks Office will lend you a pole made up for cleaning the outside of second story windows. Inquire at your Park Office.

Holidays and Anniversaries

May 1 - May Day [Paris]

Meeting in Paris in 1889, a congress of world socialist parties voted to support the US labor movement's demands for an eight-hour work day and chose 1 May 1890 as a day to demonstrate in favor of the proposal. In the former Soviet Union, May Day is a national holiday marked by giant banners, patriotic speeches and military parades. In the US, this is a day celebrated with hangings of May baskets and dancing around May poles. (1889)

May 5 - Kodomo no hi, Tango no sekku, Children's Day, Boys' Festival [Japan, Korea]

Although called Children's Day, Kodomo no hi is actually celebrated as the Boys' Festival, and is typically celebrated by families with boys. Because this date also marked the beginning of summer on the old lunar calendar, it also represents a seasonal festival called Tango no sekku (Iris Festival). To drive away bad spirits and celebrate the future of their sons, families hoist koi no bori (cloth carp streamers) from balconies and flagpoles, and display gogatsu-

ningyo (samurai doll and armament displays) indoors on tiered ledges. Children take syobuyu (a bath with floating iris leaves), and eat kashiwa-mochi (a rice cake wrapped in an oak leaf) and chimaki (a dumpling wrapped in bamboo leaves). Carp, samurai, irises, oak trees, and bamboos all symbolize strength.

May 23 - Birth of Harvey Milk [U.S.A.]

Gay rights activist and San Francisco city supervisor murdered on 27 November 1978 by former City Supervisor Dan White. White had resigned his seat on the Board following enactment of the gay civil rights bill he had opposed. White was convicted of two counts of voluntary manslaughter and sent to prison for seven years and eight months. This stunningly light sentence was granted in response to what is now referred to as the "twinkie defense". White's attorney argued that the defendant could not be held accountable for his actions due to the amount of junk food he had eaten on the day of the crimes. White was paroled after six years in prison

and committed suicide shortly thereafter. (1930-1978)

May 25 - Waisak, Wesak [Buddhist]

Waisak is the Enlightenment of Buddha, and is considered his spiritual birth anniversary, the date when he achieved Enlightenment. Prayers and celebrations are held in Buddhist temples around the country. The largest celebrations are at the Borobudur and Mendut temples in Central Java. On the day of the full moon, a serene procession of monks chanting the sutras winds its way to the temple. With saffron robes and offerings of flowers and candles, the hundreds of monks cut a sublime image as they enter the grounds. Meanwhile devotees visit the temples to pray, meditate, and make offerings. Acts of generosity known as dana are observed by Buddhist organizations and temples; these include the freeing of caged birds and animals, giving alms to the poor and needy, and organizing blood donations. As the moon comes up, candles are lit by the monks.

Calendar of Events

May 2013

All residents are welcome to attend all programs, regardless of location. All events held in the Community Center unless otherwise noted.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <u>Multi-Language Story Time</u> OPCC 4pm	3 <u>Snow Cones</u> SPCC 6:30pm	4 <u>First Saturday of the Month Breakfast</u> OPCC 9am
5 <u>Cinco De Mayo Potluck</u> SPCC 5pm	6	7	8 <u>Craft Hour</u> SPCC 4pm	9 <u>Multi-Language Story Time</u> OPCC 4pm	10 <u>Mother's Day Cards</u> SPCC 4pm <u>Adult Painting</u> SPCC 7pm	11 <u>Mother's Day Cards</u> OPCC 10am
12	13 <u>Ice Cream Social</u> SPCC 4pm	14 <u>Spring Fan Craft</u> SPCC 4:30pm	15 <u>Spring Candy Cones</u> SPCC 4:30pm	16 <u>Multi-Language Story Time</u> OPCC 4pm	17	18
19 <u>Chess Workshop for Kids</u> OPCC 10am <u>Happy Un-Birthday Party</u> OPCC 12:30pm	20	21	22 <u>Davis Bee Sanctuary Tour</u> OPCC 2:45pm	23 <u>Multi-Language Story Time</u> OPCC 4pm	24 <u>Farewell Potluck</u> SPCC 5:30pm	25
26	27 HOLIDAY PARKS OFFICES CLOSED <u>Snow Cone Day</u> OPCC 4pm	28 <u>Frisbee</u> SPCC 4:30pm	29	30 <u>Multi-Language Story Time</u> OPCC 4pm	31	1 <u>Orchard Park Yard Sale</u> Near 7000 Building 8am



The Parks at UC Davis

Phone: (Orchard Park) 530-752-3959
Fax: 530-752-3130
Phone: (Solano Park) 530-752-3958
Fax: 530-752-0484
E-mail: studenthousing@ucdavis.edu

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Your doorway to campus life & academic achievement

We're on the Web!

http://www.housing.ucdavis.edu/housing/apartments_orchard_solano.asp

The **Park Messenger** is published by Student Housing, at the University of California, Davis. Our goal is to communicate with Park residents, campus departments and the community of Davis. We encourage reader suggestions, criticisms and articles. Let us hear from you.

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The Park Messenger online:

http://www.housing.ucdavis.edu/current/park_messenger.asp

Did you know?

➤ **Harassment of Animals**

While ducks are often a source of frustration for our community members, we ask that residents be mindful of children's behavior toward the ducks. At times the Student Housing Office will take steps to "herd" the ducks to the Arboretum, however, section 251.1 of the Waterfowl Regulations stats the following, "Except as otherwise authorized in these regulations or in the Fish and Game Code, no person shall harass, herd or drive any game or nongame bird or mammal. For the purposes of this section, harass is defined as an intentional act which disrupts an animal's normal behavior patterns, which includes, but is not

limited to, feeding or sheltering. This section does not apply to a landowner or tenant who drives or herds birds or mammals for the purpose of preventing damage to private or public property, including aquaculture and agriculture crops."

➤ **Registration Reminder ~**

Student Housing requires all students to meet our eligibility requirements to continue living in The Parks Apartments.

Students must have full-time registered status during fall, winter and spring quarters/semesters. Full-time status is defined at 12 units for quarter students and 10 units for

semester students. Students who do not meet the requirement are required to register for additional classes or submit notice to move out. Please be aware of these requirements when you register for winter and spring quarters in the coming months. Please contact Student Housing at 530-752-2033 or your Park Office if you have any questions.

- If you plan to travel during the summer, please leave a travel form with your Park Office.
- Planning to vacate after finals? Remember a 42-day notice is required.