Academics Come First

Residential Academic Advising

Advising Hours
Monday - Thursday | 10 AM - 8 PM
Friday | 10 AM - 4 PM (Segundo and Tercero)
Friday | 10 AM - 2 PM (Cuarto)

Tutoring Hours
Segundo and Tercero: Monday - Thursday | 5 - 9 PM
Cuarto: Monday - Thursday | 6 - 9 PM

Chemistry and math tutoring will be offered each day. Writing is only offered twice a week; specific days will vary by center and week. Please visit your AAC or rhat.ucdavis.edu for more information.

Residential Academic Workshops

Networking & Office hours | Feb 1 - 4
Maximize your time with faculty and future employers

For more information or to schedule an individual appointment email academiccoordinator@ucdavis.edu.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Monday</td>
<td>4:15 PM</td>
<td>- Segundo</td>
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<tr>
<td>Tuesday</td>
<td>3:30 PM</td>
<td>- Cuarto</td>
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<tr>
<td>Wednesday</td>
<td>10 AM - 5 PM</td>
<td>Segundo - Scrub Oak Auditorium</td>
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<tr>
<td>Thursday</td>
<td>1:30 PM</td>
<td>- Tercero</td>
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All workshops, with the exception of the 5 PM Wednesday session, are held in Academic Advising Centers and are open to all residents.

RHAT Program Updates

Planning Your Spring Quarter Schedule
Our current RHAT program, Planning Your Spring Quarter Schedule, will continue until February 11.

It’s a good idea to evaluate your academic progress on a quarterly basis. Do you know all of the university, general education, college, and major requirements you
need to fulfill to graduate? Let us help you review your requirements, discuss your progress and plan for your final quarter of your first year at UC Davis. See your RA for the specific time of your community's program.

**Academic Tip of the Week**

**Mind Spa**

With four coming and going and week five here it's important to remember to take care of yourself! Midterms, papers, reading and all of the other aspects of school can be very stressful but there are many great resources that can be helpful. One of those resources is the **Mind Spa** located in 132 North Hall and the second floor of the Student Health and Wellness Center. The Mind Spa offers a variety of stress relieving services including: massaging recliners, biofeedback, and mindful relaxation. They also offer drop in peer support for students who want to talk things through. These services are all completely free to students and are a great resource to utilize while you can!
Jab, upper cut, hook and kick! Are you up for a challenge? This is a cardio class that has high energy and motivation.

Stick around for a few minutes after the class for a Ways to Wellness presentation!

For more information join the Facebook event.

Questions? Contact Christopher Pangelina.

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Tercero Community every Friday night at 8 PM in the Scrub Oak Auditorium for a movie screening. Movie selection will change each week and include a variety of new and classic films. You bring yourself and we'll bring the popcorn, we'll see you there!

Join the Tercero Leadership Council outside the Tercero Dining Commons during the dinner service hours on Monday, February 8 and Tuesday, February 9 and make Valentine Day Grams for your peers! Hope to see you there!

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Random Acts of Kindness in Cuarto! Thursday, Feb. 4 | 4 - 6 PM Thoreau First Floor Lounge

Come make greeting cards for kids in the hospital! Snacks and supplies provided.

Community Service Opportunity! Saturday, Feb. 6 11:30 AM - 4 PM (show up whenever you can help) Petco, 1341 W Covell Blvd, Davis

Help dogs and cats get adopted with the SPCA at Petco in Davis! No experience necessary!

Video Game Tournament Wednesdays | 3 - 5 PM Segundo Game Room

Drop by the Segundo Game Room for each Wednesday between 3 - 5 p.m. for a weekly video game tournament!

Questions? Contact Josh Chave

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Sustainable Student Housing

For fall quarter all three housing areas have a combined waste diversion rate of 56.21% - this is .49% better than last year!

Segundo area has the highest diversion rate at 62.65% - way to go Segundo!

For tips on diverting your waste please visit the Student Housing Waste Diversion Guide.

Interested in getting involved is sustainability? Sign-up for the ListServ and get weekly updates on sustainability events in Student housing. Send an email to sustainablehousing@ucdavis.edu and put Sustainability ListServ in the subject line.

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UC Davis Dining Services
Attention, aficionados of fine cuisine! Hop online and enter for your chance to win a choice of three FOOD FANATIC GETAWAYS to food fanatic destinations in great cities. Visit www.originssweepstakes.com

UC Davis Dining Services - Nutrition
Interested in FOOD and COOKING? Dream of becoming a TOP CHEF? Show your skills and share your recipe with Healthy Aggies for a chance to compete in our COOK-OFF on Thursday, February 25!

Recipe requirements:
* entrée dish
* total preparation and cooking time ~60 minutes

Contestant requirements:
* must be available Thursday, February 25 from 4:45-7:45pm

*ALL levels of cooking skills and knowledge are welcomed.

Click HERE to submit your recipe by Friday, February 12 at 11:59pm.

Stay connected with Healthy Aggies and explore ways to improve your health and lifestyle in Davis!

Nutrition Talk I Campus wide
Are all carbs the same? Learn the facts with Healthy Aggies! Find us at various on-campus venues on the following days:

- Tuesday 2/2: Scrubs cafe (9:00am-12:00pm) Cuarto Dining Commons (4:45pm-7:45pm)
- Wednesday 2/3: Silo (1:00pm-4:00pm) Segundo and Tercero Dining Commons (4:45pm-7:45pm)

Bread & Cheese Fondue I DCs Tuesday
Take a minute to read about fondu's interesting origin and then head to the DC tonight to try some for yourself. #Yum bbc.com/travel/story/20130212-tracing-fondues-mysterious-origins

2nd Year Housing
Arlington Farm Apartments will be the location for our returning students for the 2016/17 academic year.

If you would like a tour of the facility and model apartments, Arlington Farm will be holding an open house for all current residence hall students interested in living with Student Housing on Wednesday, February 17 from 1pm to 5pm.

February 22-26, you can express your interest in securing housing with Student Housing for the 2016/17 academic year.

You will be emailed on March 11, 2016 to apply for 2015-16 housing. To guarantee your space with Student Housing, a reservation fee of $500 must be received and the online application must be completed by March 18 2016.

Please visit our Second Year Housing Options website for additional information about your second year housing options.

If you have any questions about this process, we encourage you to email us at or call at 530-752-2033.

Campus Partner Programs

How to be a Superhero
Presented by Center for Advocacy, Resources and Education
Monday, Feb. 1 | 7 PM
Emerson 3rd Floor Lounge

Preventing dating violence and sexual assault is a great way to show off your superhero talent.

Resume Basics
Presented by UC Davis Internship and Career Center
Monday, Feb. 1 | 8 PM
Scrub Oak Auditorium

Learn the essentials of how to write a resume or cover letter to get you noticed.

Gender Inclusive Language
Presented by UC Davis Women's Resources and Research Center
Monday, Feb. 1 | 8 PM
Ryerson 1st Floor Lounge
Come learn how to be an active bystander in CARE’s How to be a Superhero program!

Communicating Across Difference
Presented by UC Davis Cross Cultural Center and Peer Education and Community Empowerment
Tuesday, Feb. 2 | 7 PM
Thoreau 3rd Floor Lounge
Thursday, Feb. 4 | 7 PM
Bixby 1st Floor Lounge

This workshop aims to explain the importance of communication, both listening and speaking, with cultural humility.

Participants will use interactive discussions and exercises to explore their own identity, social roles, and the use of labels. This process will help participants to better understand how their language and behavior impacts the creation of an inclusive space for the campus community.

Better Together: Promoting Interfaith Dialogue
Presented by Multifaith Living Community and CA House
Tuesday, Feb. 2 | 7 PM
Bixby 1st Floor Lounge
Tuesday, Feb. 9 | 7 PM
Scrub Oak Auditorium

Mindful Eating Workshop
Presented by UC Davis Student Housing Sustainability
Thursday, Feb. 4 | 7 PM
Wall Main Lounge

Healthy Relationships
Presented by Center for Advocacy, Resources and Education
Monday, Feb. 8 | 7 PM
Scrub Oak Auditorium

Learn how to build skills toward

Wellness Jeopardy
Presented by Health Education and Promotion
Monday, Feb. 8 | 7 PM
Emerson 1st Floor Lobby

Want to learn how to maximize your wellness? This interactive

How to Find an Internship or Student Job
Presented by UC Davis Internship and Career Center
Monday, Feb. 8 | 8 PM
Thoreau 2nd Floor Lounge
healthy dating all while trying to; and a Bingo!

program explores the dimensions of wellness (social, financial, occupational, physical, intellectual, emotional, spiritual and environmental) in a fun and exciting game show format.

Learn the essentials of how to write a resume or cover letter to get you noticed.

This workshop will review how to use Aggie Job Link and other resources to find an internship, work study position, research or other student employment.

Internship and Career Center resources will be discussed and we will review tips for applying.

Study Abroad 101
Presented by UC Davis Study Abroad
Tuesday, Feb. 9 | 7 PM
Emerson 3rd Floor Lounge

There are hundreds of study abroad programs, in countries all over the world, available to Aggies. Come meet your Study Abroad Peer Advisors from the UC Davis Study Abroad office and listen as they talk about their study abroad and international experiences. We'll discuss: your study abroad options; the benefits of studying abroad; internships abroad; finances and scholarships; the application process; living abroad; academics and more!

Medicinal Herbs
Presented by UC Davis Dining Services Sustainability Office
Thursday, Feb. 11 | 7 PM
Ryerson 1st Floor Lounge

Come learn about the medicinal properties of herbs growing in the Resident Garden with Nancy the Resident Garden coordinator!

Campus Department Announcements

Wear RED and Battle Heart Disease
Friday, Feb. 5, is the 3rd Annual #UCDavisdWearsRed Day, a campus-wide initiative spearheaded by the chancellor’s office -- in partnership with Dr. Amparo Villablanca, director of the UC Davis Women's Cardiovascular Medicine Program -- to help raise awareness with the entire UC Davis community that heart disease is the leading killer of women, as well as men, in the United States. The goal is to have as many students, faculty and staff as possible participate by wearing red and participating in a variety of FREE events. Join the Facebook event to learn more.

aggiefeed
UC Davis Athletics

Basketball Doubleheader - Saturday, January 30th
- Women's Basketball vs. UCSB - 3 pm; Men's Basketball vs. Cal Poly - 5:30 pm
- First arriving fans will receive a FREE rally towel courtesy of West Village
- We will also be giving away two City Bicycle Co. fixie bikes to lucky fans throughout the night!
- Join the Facebook event page

Black Family Weeks - Unapologetically Black
Presented by the Cross Cultural Center
Feb. 1 - Feb. 19 | Click Here for a PDF Flyer | Learn more at ccc.ucdavis.edu/africanDiaspora
Campus Recreation and Unions

New hours at the ARC start on February 1
Starting on February 1, the ARC will open at 5 a.m. Monday through Friday!
Contact the front desk at bit.ly/1nojUod

Body Composition Testing
The Personalized Body Composition Test is an opportunity to sit down with the department's own certified personal trainers to get an individualized 3-point body composition profile including skinfolds, waist-to-hip ratio and BMI (Body Mass Index) to help measure the progress of your fitness program throughout each quarter. The best part - it's only $5! For dates and details visit http://bit.ly/1RO0XIm.

Intramural Sports Tournaments
We've got tournaments coming up for badminton, pickleball, and cornhole! See registration dates and details at http://bit.ly/23pn63Q.

We're hiring!
Fitness and Wellness is hiring more Group Exercise instructors to start this summer. We are in need of cycle instructors and instructors with primary certifications (who can teach strength training, step aerobics, and cardio kickboxing). See details at http://bit.ly/1ToaZ2E.
Youth Programs is hiring staff members for swim lessons, theater, dance, crafts, cooking, sports, and general recreation for our camps that run Monday-Friday, June 13-August 19, 2016. See details at http://bit.ly/1Rcrpv7.

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**goClub | Transportation Services**

Let Zimride help you find UC Davis folks that share your commute. Not only can you save money but you can reduce your stress and help the environment. Try it out and post your commute as a passenger or driver so we can help find your match at zimride.com/ucdavis.

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**Health Professions Advising**

The Pre-Health Ambassador Network offers weekly drop-in peer group advising sessions for first year pre-health students in each of the Residence Hall Academic Advising Centers.

- **Tercero Academic Advising Center (12 – 1 p.m.)**
  - 1/12/16
  - 2/5/16
  - 2/22/16

- **Segundo Academic Advising Center (3 – 4 p.m.)**
  - 1/19/16
  - 2/10/16
  - 3/1/16

- **Cuarto Academic Advising Center**
  - 1/28/16 at 4 – 5 p.m.
  - 2/16/16 at 11 – 12 p.m.

All first year pre-health students are welcome to attend! For more information, go to http://hpa.ucdavis.edu/events/phan.html

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**Meals with Mrak**

Do you want to share a free breakfast with a campus leader? Meals with Mrak is a program where small groups of students can interact and discuss key initiatives with university administrators. Space is limited and
on a first-come basis, so sign up today!
bit.ly/mealswithmrak

UC Davis Stores

One Day Sale on a UC Davis hoodie
Friday, January 29, 8:30 a.m.- 6 p.m., MU Store

Get 25% off this hoodie during our One Day Sale this Friday, January 29! (regular price $32.99)

Clearance Sale on Sports Equipment at the ARC Pro Shop
Through Sunday, January 31. Hours are Monday - Friday 8am - 10pm, Saturdays & Sundays Noon - 5pm. ARC Pro Shop.

Red tag sports gear is already discounted at the Pro Shop. This week they’re taking another 30% off the red tag price!

UC Davis Wears Red shirts

Monday-Friday 8:30 a.m.-6 p.m., Saturday noon-5 p.m., MU Store

$2 from your purchase of the UC Davis Wears Red shirt will go to the UC Davis Women's Cardiovascular Medicine Program!

TechHub Clearance Sale and Dell Special
Monday-Friday 9 a.m.-5 p.m., TechHub

The TechHub is having a clearance sale on select Apple hardware. Also, buy select Dell PCs at $499.99+ and get FREE Bose headphones or a Parrot Drone!

UC Davis Equity Summit: Systems Change for Social Justice
March 8, 2016 | 4-9 PM | UC Davis Conference Center | Register by March 1, 2016

The sixth annual UC Davis Equity Summit is now accepting registrations and social justice award
nominations at [http://tinyurl.com/16equity](http://tinyurl.com/16equity).

The Equity Summit focuses on social justice and ways that students, staff, educators and the general public can create change. This year’s keynote speaker will be Dr. Pedro A. Noguera, one of America’s most powerful voices on equity in public education. Dr. Noguera is a dynamic speaker whose work addresses teaching, school support systems and ways in which our schools are influenced by socioeconomic conditions. The event includes experts from a variety of disciplines who will guide discussions on equity and social change.

The Equity Summit includes a book-signing, dinner, music and the presentation of social justice awards to community members who have helped advance access, equality and opportunity. Learn more about the UC Davis Equity Summit at [http://tinyurl.com/16equity](http://tinyurl.com/16equity) or by contacting Dr. Vajra Watson at vmwatson@ucdavis.edu.

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**Manetti Shrem Museum Student Coalition**

The Jan Shrem and Maria Manetti Shrem Museum of Art is opening in the fall of 2016, and we are eager to engage students in working with us on shaping our programs. To create an opportunity to hear the student voice, we are launching the Manetti Shrem Museum Student Coalition in January 2016.

The Manetti Shrem Museum Student Coalition is a community of students that gathers around pizza once a month to discuss ideas about student events, upcoming programs, and the possibilities of forming a Student Advisory Board when the museum opens. There will also be an online forum where students who cannot make the face-to-face meetings can contribute their opinions, and topics can be discussed more in depth.

To learn more about the Manetti Shrem Museum Student Coalition, visit our Facebook page and online forum. If you have further questions, please send an email to our Coordinator of Student Engagement, Carmel Dor, at cdor@ucdavis.edu.

The Manetti Shrem Museum will champion the legacy of UC Davis’ art department founders, exploring their enthusiasm for interdisciplinary practices. We welcome your help in establishing a museum for our university that reflects this interdisciplinary mission. Please spread the word by encouraging students in any of your classes to join the coalition.

**Student Coalition Meetings**

- **Face-to-Face | Wellman Hall | 6 - 8 p.m.**
  - February 17, March 9 - Room 234
  - April 13, May 18 - Room 230

- **Online Forum - Interactive Discussions**
  - Every Friday | Noon - 1 p.m.
  - [muut.com/manettishremstudentcoalition](http://muut.com/manettishremstudentcoalition)
  - If you cannot attend from Noon - 1 p.m. the forum is open online all week for input.

Questions? Email cdor@ucdavis.edu.

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**Undergraduate Research Center**

27th Annual Undergraduate Research, Scholarship and Creative Activities Conference

Abstract/registration deadline: Monday, Feb. 1, 2016, by 4 p.m.

To register visit: [urc.ucdavis.edu/conference](http://urc.ucdavis.edu/conference)
27th ANNUAL
Undergraduate Research, Scholarship and Creative Activities Conference

ABSTRACT/REGISTRATION DEADLINE
MONDAY, FEBRUARY 1, 2016

ADDITIONAL INFORMATION AND
ABSTRACT GUIDELINES
Undergraduate Research Center
urc.ucdavis.edu
urc@ucdavis.edu

UC DAVIS

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Undergraduate Education
and the Division of Student Affairs

POSTER PRESENTATIONS
Friday, April 8, 2016
3–6 p.m. | ARC Pavilion

ARTS EXHIBIT
Friday, April 8, 2016
3–6 p.m. | ARC Pavilion

ORAL PRESENTATIONS
Saturday, April 9, 2016
1–6 p.m. | Wellman Hall

UC Davis Army ROTC
Get Involved
Army ROTC is the perfect opportunity to help you succeed. Through elective classes, labs and field training exercises, you will receive firsthand experience on what it takes to lead and motivate others, and how to conduct missions as an Officer in the Army, Army Reserve or Army National Guard. The program provides the skills and experience that will help empower success in any competitive environment. Upon graduation and completion of Army ROTC, you will earn the title of Second Lieutenant and equipped with a set of leadership and decision-making skills that ultimately will make you a valuable commodity in any professional industry.

Scholarships are available and are awarded based on students’ merit and grades. Additional allowances will help pay for books and fees. Army ROTC even offers a stipend of up to $5,000 a year. To learn more about the requirements and other information, please contact Mr. Gary Suen at RM 127 at Hickey Gym or at ghsuen@ucdavis.edu.

Sorority and Fraternity Life Updates

Sigma Phi Epsilon - The Balanced Man Scholarship

Sigma Phi Epsilon idealizes the philosophy of Balance; and in order for one to be successful in all aspects of life one must do so with a Sound Mind in a Sound Body. In addition to these values and ideals, Sigma Phi Epsilon across the nation has endeavored to become a partner in higher education, which is how this scholarship was founded.

This scholarship is available to all current and incoming students at UC Davis. There is absolutely no obligation to join the Sigma Phi Epsilon fraternity before, during, or after the scholarship process.

The Balanced Man Scholarship is a great opportunity for gentlemen who thought their scholarship opportunities were over. This year we will be awarding $750 to a first place winner and $250 each to two second place winners. On top of this, finalist will be invited to a scholarship banquet in the middle of Spring quarter.

Please click the following link to fill out the application: http://sigepdavis.wix.com/sigepdavis#!scholarships/k4md5

Unrecognized Groups

Some organizations that were once recognized fraternities or sororities at UC Davis may attempt to continue to operate despite having lost recognition from the University. Any operation of these groups is considered underground activity and is not sanctioned by the Office of Sorority and Fraternity Life. Therefore, students should carefully consider their potential student conduct record before associating with an unrecognized group.

These organizations have had their recognition revoked by the institution for various reasons, including such things as hazing, alcohol and drug abuse, risk management violations, and failure to comply with University policies and expectations. These organizations have in almost all cases also had their charter suspended or revoked by their inter/national organization because they were not upholding fraternal values and were engaging in risky behaviors that endangered the members and other students.

For a complete list of recognized groups please visit the UC Davis Sorority and Fraternity Life Chapter Pages website. If you have a question please contact the Office of Sorority and Fraternity Life 530-752-4606.

ASUCD News

ASUCD Executive Scholarship
Each year, ASUCD gives back to its students through the ASUCD Scholarship. Last year, the committee awarded $5,000 to chosen recipients. From now until the deadline on Friday, February 12 at 12 pm the application is open and UC Davis students are invited to apply.

Who is eligible?
All continuing undergraduate students enrolled and in good academic standing at the University of California, Davis.

Ready to apply?
The process is easy! Go to the ASUCD Scholarship website to submit your application today. If you have any questions regarding the scholarship, please contact Gareth Smythe or stop by his office at 344B Memorial Union.

Good luck, Aggies!

Internships and Job Opportunities

UC Davis Student Life Centers are hiring for the 2016-2017 academic year
AB540 & Undocumented Student Center | Center for Student Involvement | Cross Cultural Center | Lesbian, Gay, Bisexual, Transexual, Queer, Intersex, Asexual Resource Center | Student Recruitment and Retention Center | Women's Resources and Research Center

AB540 & Undocumented Student Center
We're hiring for the 2016-2017 academic year! Each position is a year commitment. Every position is open! Applications are due on Feb 4, 2016.

Center for Student Involvement
Center for Student Involvement is looking to hire 5 Peer Advisors for the 2016-2017 school year. Peer Advisors provided administrative support for 750+ student organizations; assist with campus wide events like The BUZZ, Involvement Fair, and Picnic Day; and develop new leadership and professional development programming.


Cross Cultural Center
The UC Davis Cross Cultural Center is HIRING for student coordinator positions for the 2016-2017 academic year! Please go to ccc.ucdavis.edu/opportunities for more information about the respective positions and to apply.

Lesbian, Gay, Bisexual, Transexual, Queer, Intersex, Asexual Resource Center
Apply here by Monday, Feb 1, at 4PM. For more information email Assistant Director, chaz walker-ashley

Student Recruitment and Retention Center
The Student Recruitment & Retention Center is hiring for 2016-2017 positions! We are seeking self-motivated,
accountable, and professional leaders. Applications and more information are available HERE.

Application Deadline is Monday, February 1st. Contact Mayra Llamas with any questions.

Women's Resources and Research Center
Applications are due to Aggie Link (#803593) on January 28. Contact heather c. lou (she/her/hers) with any questions.

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UC Davis Telephone Outreach Program
Now - January 31, 2016 | Sunday - Thursday 5:45 - 9PM | Annual Fund Building
Pay: $11.00/hour (Went up a whole $1) | Aggie Job Link number: 779965
Dropbox Application

The UC Davis Telephone Outreach Program (TOP) is a unit of the UC Davis Annual Fund. The TOP is a student outreach program which builds relationships and gains financial support for the university through telephone fundraising. The TOP helps provide philanthropic support for UC Davis scholarships, faculty support, research initiatives, and academic programs to enrich student experiences. TOP student fundraisers call on behalf of the university, colleges, schools, and units to connect alumni, parents, and friends to the university and to maximize the success of UC Davis fundraising.

We're hiring! We are looking for students to conduct outreach for UC Davis. As a student caller, you will contact alumni, parents, and friends to educate and inform them about campus events and the importance of annual support. This is a great opportunity for you to impact our university! Contact us ASAP to join our team and be included in our next training event.

Benefits
* Pay above minimum wage
* Bonus and incentive program
* Internship Opportunity
* TOP Caller of the Year Scholarship available
* Networking Opportunity
* Develop communication and prospect management experience
* Build your resume!

Qualifications
* Eligible for US and student employment.
* Strong oral and written command of English.
* Have an enthusiastic and positive attitude, love talking with people who have a connection to UC Davis, and enjoy working in a team environment.
* Effective negotiation, oral, and interpersonal communication skills, including political acumen.
* Build and maintain effective working relationships at all organizational levels and with outside constituencies while working in a fast-paced environment.
* Ability to learn computer programs quickly.
* Attention to detail and ability to maintain confidentiality.

For more information contact Maile Juranits, Director, Telephone Outreach Program, at (530) 752-5496 or mrjuranits@ucdavis.edu.

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UC Davis Fire Department
BECOME A STUDENT FIREFIGHTER

INFO NIGHTS
January 28 @ 6:30 PM
February 22 @ 6:30 PM
- 625 Kleiber Hall Drive (ON CAMPUS)

**Join us for a meeting to learn how to become a student firefighter!!!

For more information contact:
bcburrhus@ucdavis.edu