Welcome to the Aggie Reader!

Hello, Aggie! We hope you are settling into your new school routine. Don't forget "self care": take some time for yourself, take a minute to do what makes your soul happy.

In this issue of the Aggie Reader know more about Resource of the Week, Rec Sports schedule, the Leadership Job Shadow Program, Pajamarino, Bike Auction and much more!

Want to know how to get your voice heard? Our first Meet & Greet for Resident Consultant is October 11, 2018 at 2 p.m. Get involved and make a change. Meeting will feature UC Davis Olive & Vine Catering.
Tutoring is available in the Academic Advising Centers, provided by trained tutors from the Student Academic Success Center (SASC). Chemistry, Math and Writing will be offered. Additional tutoring subjects may be offered in future quarters. Tutoring begins this week!
Larry Greer, Student Housing and Dining Service’s in-house writing specialist, has an office in the SAAC for additional writing support. You can make an appointment with him at: appointments.ucdavis.edu. His drop in hours are at the TAAC on Mondays 1 to 3 p.m., Tuesdays 10 a.m. to 12 p.m., and Thursdays 2 to 4 p.m.

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<tr>
<th>Location</th>
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<td>Segundo Academic Advising Center</td>
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<td>Tercero Academic Advising Center</td>
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<td>Writing*</td>
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<td>Cuarto Academic Advising Center</td>
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Dining Services

Limited Time Offer

The BBQ Rib Sandwich is now available at the Spokes Grill until October 19.

UC Davis Leadership Job Shadow Program

Job Shadow Program Accepting Applications

Want to job shadow a campus leader?

The size of the UC Davis Leadership Job Shadow Program is more than doubling to partner
students one-on-one with 26 campus leaders for a day that may include observing and participating in meetings, attending events, and meeting other staff and faculty. Applications are being accepted through Oct. 19.

The program includes Chancellor Gary S. May and other administrators, vice chancellors and, for the first time, deans. Their areas of responsibility are diverse: the Mondavi Center for the Performing Arts, audits, communications, athletics, legal affairs, libraries and more. Four provide leadership at UC Davis Health, the UC Davis Medical Center, the School of Medicine and the Betty Irene Moore School of Nursing.

More information

Aggie Tradition: Pajarmarino

October 12, 4 to 7 p.m.
Meet at Vanderhoef Quad

In 1912, pajama-clad students first sneaked out of their resident halls to greet returning alumni at the train station the night before homecoming. Alumni, students, and the Davis community are invited to join the Student Alumni Association as they continue the tradition at our annual Pajamarino celebration. This year we will gather on Vanderhoef Quad on campus for free food, t-shirts, ice cream and Band-Uhl as we then parade to downtown Davis to join up with the Discover Davis event. We are excited to be partnering with the Davis Chamber of Commerce on their Discover Davis celebration. This event is free and no registration is needed but visit our website (alumni.ucdavis.edu) for more information.

Bike Auction
Join us for a chance to own one (or more) of over 400 abandoned and unclaimed bicycles. There are cruisers, road bikes, mountain bikes, BMX, single speeds, and kids’ bikes! Proceeds from the auction go toward the goClub to develop commuter programs.

Become A Resident Consultant
Be a voice for residents as we plan for the future of Student Housing and Dining Services. Our first meeting will be on October 11 where we will be featuring the new UC Davis Olive & Vine Catering. Unable to attend the first meeting? No worries, newcomers are welcome at any time.

Open to all students living in the Residence Halls and Student Housing Apartments.

Sustainability

Waste Diversion in the Res Halls
The University of California has committed to sending zero waste to the landfill by 2020. We need your help in reaching that goal! Here’s how you can take action:

1. Reduce and reuse as much as possible.
2. Learn about the waste streams available to you in your res hall and sort your waste!
3. Talk to your friends about how to sort their waste!

Click on each waste stream to learn more about what is accepted and where to find the nearest collection bin in your res hall!
Get involved!

**Herb and Flower Drying Workshop**

When: Tuesday, October 16 at 4:00-5:30 p.m.
Where: Resident Garden @ Segundo (In case of poor weather – Regan Main)

Learn how to dry herbs and flowers for aromatherapy, and make your own using plants from the Resident Garden @ Segundo. Open to all Cuarto, Segundo, and Tercero residents. All materials supplied.

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Join the Sustainability Squad!

Be a part of keepin’ it green and sign-up to join the Sustainability Squad! Must be a first year resident living in Cuarto, Segundo, or Tercero. No prior knowledge or experience with sustainability required—all majors welcome!

Sustainability Squad opportunities:
- Learn about sustainability living tips from peers and campus experts
- Attend educational and interactive community building socials and events
- Encourage peers to adopt more sustainable practices and get involved in sustainability
- Earn prizes and a T-shirt for participating
Our first group meeting will be week 3! If you’re interested in learning more and being a part of the squad, sign-up here: https://goo.gl/forms/CSrucmbsdsc7Xm6tl2

Help plant new veggies for the fall season and harvest the end of summer flowers and veggies!

Drop by fall quarter open volunteer hours anytime during these hours:
- Tuesdays, 2 - 4 p.m.
- Wednesdays, 2 - 4 p.m.
- Thursdays, 2 - 4 p.m.

*all volunteer hours are weather permitting*

No prior experience or materials are necessary to get involved.

Plots are going fast! Want your own piece of the garden to experiment with? Apply to adopt a plot at the Resident Garden. For more information and to apply, fill out this Google Form: https://goo.gl/forms/tAEk6pl5mmMvqCrq1

Take the #MyLastCup Pledge!
Did you know 120 billion disposable cups are used by Americans each year? Placed end to end, this would be enough to circle the equator almost 333 times! (source- ReThink Disposable). Take action to reduce waste and by committing to using a reusable cup and make it #MyLastCup.

**Take action:**
- Take the pledge! Visit #
- Remember that awesome reusable beverage container you got last week?
- Use it in the DCs to fill-up with a drink to go!
- Use it the bottle refill stations in the Res Halls and on campus to stay hydrated waste-free!
- Bring your own reusable cup with you on campus. You can even get a small discount for using a reusable beverage container at locations on campus, including Peet’s and the CoHo.

Stay connected!
Sign-up for the weekly sustainability and nutrition newsletter written by students, for students. Get connected with upcoming sustainability events and get tips for living sustainably on campus!

Question? Comments? Email sustainablehousing@ucdavis.edu

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**Arboretum and Public Garden Plant Sale**

Hosted by the UC Davis Arboretum and Public Garden  
Saturday, October 13 *(student volunteers needed form 8 a.m. to 2 p.m.)*

**The Arboretum and Public Garden** is looking for volunteers to help with upcoming Plant Sales! We are in need of plant counters, box carriers and more! Come enjoy the company of some great people (and beautiful plants) and get involved in these fun community events! The **plant sale dates are October 13 & November 3 (student volunteers needed from 8 am-2 pm)**. To register please sign up here.

For more information about the Plant Sales visit: https://arboretum.ucdavis.edu/plant-sales or contact Partnership Program Manager Rebecca Vaughn at rlvaughn@ucdavis.edu.

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Get Involved With Student Organizations
Hillel House, University Religious Council
Homecoming Shabbat
Friday, October 12
6:30 - 9:00 p.m.
Hillel House, 328 A St.

Come "Home" to Hillel. Enjoy home-cooked comfort food to fill you heart and soul.
6:30 p.m. - T'filah (Student-led services), Dinner immediately following.

RSVP by Wednesday, October 10 at 3:00 p.m. on Facebook (Hillel at Davis & Sacramento) or office@hillelhouse.org

Contact Debbie Gritts, administrator@hillelhouse.org or (530) 756-3708 for more info.

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Students in VITA
UCD Volunteer Income Tax Assistance

Students in VITA is a nonprofit student organization dedicated to providing free tax filing services for low income households. Join us at our info sessions to learn how you can help out!

New Intern Application Opens
THUR 04 OCTOBER

Info Session 1
MON 08 OCTOBER
8:30-10:00pm
Olson 106

Info Session 2
TUES 16 OCTOBER
8:30-10:00pm
Olson 106

New Intern Application Deadline
THUR 18 OCTOBER

Visit us at: sivdavis.org
Interested in gaining professional experience in business, tax, or accounting? Passionate about community service but unsure how to help? If you replied yes to any of the above questions, then Students in VITA has the internship for you!

Students in VITA is a non-profit student organization that offers free tax assistance to the low-income community. Our IRS-certified interns provide free income tax preparation to qualified households in the Yolo County area. We accept ALL MAJORS and NO PREVIOUS EXPERIENCE is required! Interns are eligible to obtain transcript notation and/or college credit.

If you are interested in becoming an intern for Students in VITA, come meet the board members at any of our info sessions to find out more!

**Info Sessions:**
- Monday, October 8th, at 8:30 - 10:00 PM in Olson 106
- Tuesday, October 16th, at 8:30 - 10:00 PM in Olson 106

Facebook Event: [Students in VITA: Info Session Nights](https://www.facebook.com/UCDVITA/)
Facebook: [https://www.facebook.com/UCDVITA/](https://www.facebook.com/UCDVITA/)
Website: [http://www.sivdavis.org/](http://www.sivdavis.org/)

If you have any questions, you can reach us at [ucdvita@gmail.com](mailto:ucdvita@gmail.com).
Attention first year pre-health students!

If you are interested in learning more about pre-health and what you can do to prepare for a health profession, please attend these workshops hosted by the Pre-Health Ambassador Network, a program dedicated to helping first-year students on their pre-health journey:

Mythbusting
Thursday, October 18th | 6:10 pm | Storer 1322

Pre-Health Orientation
Wednesday, October 31st | 5:10 pm | HPAC 119

Timelines
Thursday, November 15th | 6:10 pm | Storer 1322

Pre-Health Orientation
Monday, November 26th | 5:10 pm | HPAC 119
Curious about how to eat healthy in college? Come get free nutrition advice from peer counselors to bring the right balance to your plate this quarter. Peer counselors will be stationed in Aggie Compass (in the east wing of the Memorial Union). Drop by during any of the following hours:

- Mondays, 2-4 PM
- Tuesdays, 11 AM-1 PM
- Wednesdays, noon-2 PM
- Thursdays, 1 PM-3 PM
- Fridays, 11 AM-1 PM

**Farmer’s Market (in the quad):** Wednesdays 11am-1:30pm (10/3 through 11/7)

**Nutrition tip:** Flu season is here! Boost your immune system by eating lots of fruits and veggies that are high in Vitamin C like citrus fruits, berries, broccoli, peppers, and leafy greens.

**Our Mission:** To promote health and bring awareness about healthy living to the UC Davis community. Using evidence-based information, we provide nutrition education through various services such as counseling and interactive outreach. We want to inspire our community members to not only make more informed choices but also to pursue a healthier lifestyle.
Quick Links

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Student Housing and Dining Services