Don't Forget!

Events and Activities

SHA News

June Arts Newsletter

Active Aggies

2019–2020 Campus Community Book Project Call for Nominations

Last Chance for Body Composition Testing

Upcoming Aggie Pride Friday Action

Pump Up Your Potential:
Strength Sports Center

Join Arlington Event:
De-Stress Fest and gas money.
It's free and easy to post—find a ride at

Whether you are taking classes or going on a road trip this summer, post your ride on

Spring registration is almost over!

Tahoe. Sound good? Turn this daydream into a reality by registering for the last few Outdoor Adventures of the

Picture yourself backpacking in Yosemite, whitewater rafting down the American River or kayaking around Lake

walking tours and other informal movement opportunities are great ways to fit in physical activity.

Active Aggies welcomes!

More information, including selection criteria, can be found there

Book Project aims to foster dialogue among students, faculty, staff, and residents of the surrounding areas about

directly and indirectly, with the goal of building a community that promotes diversity. The Campus Community

The

moving off campus!

You can also contact us for helpful information about transportation and commuting to campus without a car after

2025. Help us understand students transportation needs by

For more information,

Appointments are just $5.

composition testing.

You still have one more opportunity to get your very own 15-minute assessment from a

JUMP Bikeshare

Where:

Where:

When:

All are welcome to stop by for light refreshments, giveaway swag, a meet and greet with staff, and an opportunity

Take Me to the June Arts Newsletter!

Sign up now at the

•

This is a reminder that the last meals offered in the Dining Commons are

Thursday, June 14.

This is right for you. Let our Fitness and Wellness coaches show you proper powerlifting and weightlifting techniques

Whether you want to explore competitive lifting or get feedback on your lifting form, the Strength Sports Seminar

is offered in the Recreation Center. This free event is available to Aggies studying or working in the College of Health and Human Services.

Take advantage of it by making an appointment at

Take me to the survey!

Aggie Pride Friday to learn more about specialized academic and mobility support.

We also invite students to join the

Active Aggies appreciates that there are multiple ways to move for at least 30 minutes a day by moving in a way they love most!

Our bodies and encourages everyone to move their body in a way that brings them joy!

increase their movement throughout the day for at least 30 minutes a day. Our goal is to help Aggies move more through activities they enjoy.

You can also use the

Active Aggies platform to participate in campus-wide events, win prizes for your physical activity, and join groups that interest you.

Check out more information and learn how to register by visiting the

IRIS website.

Sign up for Aggie Pride Friday at

http://www.aggiepridefriday.com

Contact Us

Campus Council on Community and Diversity

Arlington Farm Apartments

Arlington Event:
De-Stress Fest and gas money.
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