Welcome to the Aggie Reader!

Hello, Aggie! We hope you are settling into your new school routine. Don't forget "self care": take some time for yourself, take a minute to do what makes your soul happy.

In this issue of the Aggie Reader know more about Resource of the Week, Rec Sports schedule, the Leadership Job Shadow Program, Pajamarino, Bike Auction and much more!

Want to know how to get your voice heard? Our first Meet & Greet for Resident Consultant is October 11, 2018 at 2 p.m. Get involved and make a change. Meeting will feature UC Davis Olive & Vine Catering.

Resource of the Week: Center for Chicanx and Latinx Academic Student Success (CCLASS)

The core mission of CCLASS is to provide an academic support space where students thrive as scholars and unique individuals. The center's practices and services are grounded in the following three priorities: Access, Academics, and Empowerment. Visit the center to take a break, receive help from academic specialists, access peer advising and counseling, and much more.

Location: 2nd Floor of Memorial Union, entrance on patio (map here)
Hours: Monday-Thursday, 9 a.m. to 8 p.m.; Friday, 9 a.m. to 5 p.m. (during the academic
Join SHA and compete in...

UC DAVIS
REC SPORTS
RES HALL CUP

Residents of SHA play for free in the Res Hall Cup. All equipment is provided. Games occur weekly after the start date.
Fall 2018 Sports Offered:

Flag Football - Wednesdays 9pm @ Hutchinson Field, Starts 10/17

Floorball (like hockey) - Wednesdays 10pm @ ARC MAC, Starts 10/17

Basketball - Fridays 5pm @ ARC main gym, Starts 10/19

Create an account on http://ucdavis.rec solutions.com/ and join the SHA teams with password 'shapassword'

Questions?
contact:
CA Adam at aeatamian@ucdavis.edu

Things to Do this Week:
Join UC Davis at its Annual Pajamarino Event on October 12 at 4 p.m.
- Meet at the Vanderhoef Quad
- Pajamarino is a unique event to UC Davis that celebrates the tradition of the campus in a fun and interactive way to kick off Homecoming Weekend. Come and explore the city of Davis through walking in a parade with Band-uh and having the chance to win some awesome prizes!

Complete your roommate agreement
- Please make sure to complete the form as soon as you can! These will help you and your roommate plus your CAs mediate any type of future conflict.

Dining Services

Limited Time Offer

The BBQ Rib Sandwich is now available at the Spokes Grill until October 19.

UC Davis Leadership Job Shadow Program

Job Shadow Program Accepting Applications

Want to job shadow a campus leader?

The size of the UC Davis Leadership Job Shadow Program is more than doubling to partner students one-on-one with 26 campus leaders for a day that may include observing and participating in meetings, attending events, and meeting other staff and faculty. Applications are being accepted through Oct. 19.

The program includes Chancellor Gary S. May and other administrators, vice chancellors and, for the first time, deans. Their areas of responsibility are diverse: the Mondavi Center for the Performing Arts, audits, communications, athletics, legal affairs, libraries and more. Four provide leadership at UC Davis Health, the UC Davis Medical Center, the School of Medicine and the Betty Irene Moore School of Nursing.

More information
Aggie Tradition: Pajamarino

October 12, 4 to 7 p.m.
Meet at Vanderhoef Quad

In 1912, pajama-clad students first sneaked out of their resident halls to greet returning alumni at the train station the night before homecoming. Alumni, students, and the Davis community are invited to join the Student Alumni Association as they continue the tradition at our annual Pajamarino celebration. This year we will gather on Vanderhoef Quad on campus for free food, t-shirts, ice cream and Band-Uh! as we then parade to downtown Davis to join up with the Discover Davis event. We are excited to be partnering with the Davis Chamber of Commerce on their Discover Davis celebration. This event is free and no registration is needed but visit our website (alumni.ucdavis.edu) for more information.

Arboretum and Public Garden Plant Sale

Hosted by the UC Davis Arboretum and Public Garden
Saturday, October 13 (student volunteers needed from 8 a.m. to 2 p.m.)

The Arboretum and Public Garden is looking for volunteers to help with upcoming Plant Sales! We are in need of plant counters, box carriers and more! Come enjoy the company of some great people (and beautiful plants) and get involved in these fun community events! The plant sale dates are October 13 & November 3 (student volunteers needed from 8 am-2 pm). To register please sign up here.

For more information about the Plant Sales visit: https://arboretum.ucdavis.edu/plant-sales or contact Partnership Program Manager Rebecca Vaughn at rlvaughn@ucdavis.edu.

Bike Auction
Join us for a chance to own one (or more) of over 400 abandoned and unclaimed bicycles. There are cruisers, mountain bikes, road bikes, BMX, single speeds, and kids' bikes!

Proceeds from the auction go toward the goClub to develop commuter programs.

Become A Resident Consultant
Be a voice for residents as we plan for the future of Student Housing and Dining Services. Our first meeting will be on October 11 where we will be featuring the new UC Davis Olive & Vine Catering. Unable to attend the first meeting? No worries, newcomers are welcome at any time.

Open to all students living the Residence Halls and Student Housing Apartments.

Sustainability

Help UC Davis reach zero waste!

The University of California has committed to sending zero waste to the landfill by 2020. We need your help in reaching that goal! Here’s how you can take action:
1. Reduce and reuse as much as possible.
2. Talk to your property manager to learn what waste streams are accepted in your apartment.
3. Learn about the waste streams accepted on campus.
4. Talk to your roommates and friends about how to sort their waste!

Take the #MyLastCup Pledge!
Did you know 120 billion disposable cups are used by Americans each year? Placed end to end, this would be enough to circle the equator almost 333 times! (source- ReThink Disposable). Take action to reduce waste and make your next piece of waste be #MyLastCup.

Take action:
• Take the pledge! Visit tiny.co/mylastcup
Bring your own reusable cup with you. Pro-tip: you can even get a small discount for using a reusable beverage container at locations on campus, including Peet's and the CoHo.

Use the bottle refill stations on campus to stay hydrated, waste-free!

Questions or comments? Email sustainablehousing@ucdavis.edu

Get Involved!

Hillel House, University Religious Council
Homecoming Shabbat
Friday, October 12
6:30 - 9:00 p.m.
Hillel House, 328 A St.

Come "Home" to Hillel. Enjoy home-cooked comfort food to fill you heart and soul.
6:30 p.m. - T'filah (Student-led services), Dinner immediately following.

RSVP by Wednesday, October 10 at 3:00 p.m. on Facebook (Hillel at Davis & Sacramento) or office@hillelhouse.org

Contact Debbie Gritts, administrator@hillelhouse.org or (530) 756-3708 for more info.
Interested in gaining professional experience in business, tax, or accounting? Passionate about community service but unsure how to help? If you replied yes to any of the above questions, then Students in VITA has the internship for you!

Students in VITA is a non-profit student organization dedicated to providing free tax filing services for low income households. Join us at our info sessions to learn how you can help out!

Students in VITA is a non-profit student organization that offers free tax assistance to the low-income community. Our IRS-certified interns provide free income tax preparation to qualified households in the Yolo County area. We accept ALL MAJORS and NO PREVIOUS EXPERIENCE is required! Interns are eligible to obtain transcript notation and/or college credit.

If you are interested in becoming an intern for Students in VITA, come meet the board members at any of our info sessions to find out more!

**Info Sessions:**
Monday, October 8th, at 8:30 - 10:00 PM in Olson 106
Tuesday, October 16th, at 8:30 - 10:00 PM in Olson 106

Facebook Event: [Students in VITA: Info Session Nights](#)
PHAN Workshops

Attention first year pre-health students!
If you are interested in learning more about pre-health and what you can do to prepare for a health profession, please attend these workshops hosted by the Pre-Health Ambassador Network, a program dedicated to helping first-year students on their pre-health journey:

Mythbusting
Thursday, October 18th | 6:10 pm | Storer 1322

Pre-Health Orientation
Wednesday, October 31st | 5:10 pm | HPAC 119

Timelines
Thursday, November 15th | 6:10 pm | Storer 1322

Pre-Health Orientation
Monday, November 26th | 5:10 pm | HPAC 119

Health Profession Advising: Pre-Health Ambassador Network
Fall 2018 Workshops

Are you interested in the Health Professions? If so, come out and learn how to navigate your journey as a pre-health student through our PHAN workshops! The Pre-Health Ambassador Network (PHAN) is part of Health Professions Advising (HPA) and is here to help you get started on your path to becoming a Health Professional!
Health and Education Program
Love Lab
1st and 3rd Thursdays of the month
6:30 - 8:30 p.m.
Activities and Recreation Center (ARC)

Stop and see the Love Lab for safer sex supplies, resources and information!

Curious about how to eat healthy in college? Come get free nutrition advice from peer counselors to bring the right balance to your plate this quarter. Peer counselors will be stationed in Aggie Compass (in the east wing of the Memorial Union). Drop by during any of the following hours:

- Mondays, 2-4 PM
- Tuesdays, 11 AM-1 PM
- Wednesdays, noon-2 PM
- Thursdays, 1 PM-3 PM
- Fridays, 11 AM-1 PM

Farmer’s Market (in the quad): Wednesdays 11am-1:30pm (10/3 through 11/7)

Nutrition tip: Flu season is here! Boost your immune system by eating lots of fruits and veggies that are high in Vitamin C like citrus fruits, berries, broccoli, peppers, and leafy greens.

Our Mission: To promote health and bring awareness about healthy living to the UC Davis community. Using evidence-based information, we provide nutrition education through various services such as counseling and interactive outreach. We want to inspire our community members to not only make more informed choices but also to pursue a healthier lifestyle.
Keep up to date with all things Student Housing and Dining Services! From movie nights, to student features and profile, themed meals and special events!

**FOLLOW US**
@ucdavisdiningservices
@ucdavishousing

Quick Links

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